



ECALA Course Directory 2021-2022

Action for Healthy Communities

Website

<https://a4hc.ca/>

Mandate

Action for Healthy Communities Society of Edmonton (AHC) is a registered charity in operation since 1995. AHC works with individuals, families, and groups to build their capacity to successfully integrate into society. AHC adopts a more broadly defined concept of community health as described by the World Health Organization: "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." Therefore, AHC's mission is to foster individual and group participation and action to improve the comprehensive and holistic health of diverse communities. AHC's mandate is to build the capacity of individuals and groups to improve their lives and communities through a unique community building process, including support, mentoring, and training.

Basic Digital Skills

Courses

Basic Computer Literacy Level 1

Basic Computer Literacy Level 1 is a flexible community-based program designed for beginners. Meeting learners' needs, the class introduces students to basic digital skills, including, but not limited to, computers, word processors, the internet, emails, presentations, resumes and cover letters, job websites and more. The course is taught by a trained computer teacher through in-person/online classes.

Basic Computer Literacy Level 2

Basic Computer Literacy Level 2 is a flexible community-based program designed for adult learners who have known basic computer skills and want to improve their digital skills for their daily life and career. The course focuses on smartphones, social media, e-safety, online shopping, spreadsheets and more. The course is taught by a trained computer teacher through face-to-face/virtual classes.

Senior Basic Computer Literacy

Senior Basic Computer Literacy is a unique training program designed for seniors who have little or no experience using electronic devices and want to learn English at the same time. The ultimate goal of the program is to help senior learners develop both basic digital skills and English skills to enrich their lives and live more independently and meaningfully as valuable community members in society.

English Language Learning

Courses

English Level 1

The English Level 1 class is a flexible community-based language learning opportunity designed for immigrants and newcomers to improve their English communication skills. It covers basic English skills in the areas of listening, speaking, vocabulary, grammar, reading, and writing. Tailoring the needs of adult learners for their daily life, the contents of the curriculum include but are not limited to, greetings, introductions, shopping, family, friends, jobs, phone calls, and more. The course is taught by a trained ESL teacher through in-person/online classes.

English Level 2

The English Level 2 class is a flexible community-based language learning opportunity designed for immigrants and newcomers who have basic English knowledge and want to practice and improve their oral communication skills for their daily life and career. Meeting learners' needs, the topics at this level cover personal work experience, housing, banking, community, and government services, resume and cover letters and more. The course is taught by a trained ESL teacher through in-person/online classes.

English Level 3

The English Level 3 class is an advanced language course offered to the members of the community who may not be eligible to attend formal English classes due to their work hours. It is open to all learners, including immigrants, newcomers, and citizens. This flexible and informal community course emphasizes diverse aspects of listening, speaking, reading, and writing and develops the language skills of the high beginners. The course is taught by a trained ESL teacher through in-person/virtual classes.

Senior Basic English Class

The Senior English Beginner Level 1 focuses on English and cultural understanding for practical living in a Senior's context. The curriculum emphasizes student's communicative ability and being able to use the language learned to lead more independent lives and participate more fully in their communities. The contents of the course include greetings, personal information, likes and dislikes, emergency calling, numbers, shopping, direction, food, weather, seeing a doctor etc. The course is taught by a trained ESL teacher through in-person/virtual classes.

ASSIST Community Services Centre

Website

<http://assistcsc.org/en/>

Mandate

ASSIST Community Services Centre (ASSIST) is a non-profit and charitable organization which has been operating in the city of Edmonton for 42 years. Its mission is to enhance the lives of individuals and families through quality programs and services. Their primary mandate is assisting immigrants through practical settlement services and support to facilitate their successful integration into mainstream society. Additionally, ASSIST's key objective is to provide an integrated and comprehensive series of programs to promote the health and wellbeing of immigrants of all ages (children, youth, adults and seniors), from diverse cultural, linguistic, and ethnic origins.

English Language Learning

Courses

Learning English Through Kitchen Fun Activities

This learning opportunity is currently funded by ECALA. However, we see that there is a great need for this course. In October 2020, we collaborated with I-Can senior association and there were 27 participants. We could not handle such a great number of participants in one setting. When we were running the program 'Learning English Through Raising Children', we found that a lot of our participants wanted to learn more English, especially through cooking. To meet the needs of our eager learners, we would like to apply for more funding so that we can run more English language learning programs.

Raising Children Through Songs, Stories and Books

This program uses creative approaches to help newcomers with little or no English to begin learning English in a supportive environment. Parents, caregivers and their children (0-6 years of age) will learn English vocabulary and phrases through songs and stories. There are also other activities such as storytelling, crafts, snacks and games. The program is

primarily delivered in the participants' mother tongue (Mandarin or Cantonese). This has effectively eased the tension of learning, helped participants learn English in a less stressful and comfortable environment, as well as provide them with opportunities to apply what they have learned to strengthen their language development. Participants can also learn about community resources and Canadian culture including child-rearing practices.

Tutoring

How to Use WhatsApp

How to use WhatsApp to register, communicate, copy and paste, make recordings, share files and open files, etc.

How to use Zoom Level 1

How do you get online with zoom - join meetings, rename, chat, mute and unmute, reactions, etc.

How to Use Zoom Level 2

How to use a bread-making machine.

How to Use a Bread-Making Machine

How to use WhatsApp to register, communicate, copy and paste, make recordings, share files and open files, etc.

Ben Calf Robe Society

Website

<http://bcrsociety.ab.ca/>

Mandate

In 1980, a group of concerned citizens began to look at Aboriginal education in the City of Edmonton and discovered that some 80% of Native children did not complete high school. Their solution was to establish a school where Indigenous children felt accepted and culturally comfortable and thus encouraged to remain in school and complete their grade twelve. With the collaboration of the Catholic School Board, the Ben Calf Robe Society school was created. We believe that our children are sacred. Our work will strive to protect and enhance that sacredness by providing Indigenous children and their families with holistic education, supportive social services, and programs of high quality and cultural relevance.

Community Capacity Building

Courses

Collective Kitchens

This program will provide foundational learning opportunities using a strength-based, trauma-informed, and client-centred model. The strength-based model simply means that we help our clients to explore the gifts they were given and those they have earned through overcoming difficulties in their lives. We illuminate and draw on the strengths of humanity, our indigenous people, our unique cultures, our families and the individual strengths of our clients to build a sense of meaning and belonging.

The trauma-informed model implies that we will not ask anything of our clients that would further injure them. This includes asking them to be physically or emotionally vulnerable before they feel safe. We will create and maintain a physically and emotionally safe environment for them to heal. The client-centred model means that we walk beside our clients on this journey forming a therapeutic alliance—a partnership where we

accompany them as they get where they want to go. We seek to understand their personal truths, explore what unique challenges they face and what gifts they will bring to the world.

Bissell Centre

Website

<https://bissellcentre.org/>

Mandate

The Bissell Centre offers basic needs services, addictions and mental health counseling, child and family resources (including a free respite childcare), victim services, housing and employment services, support for people with FASD, and more. Through the relationships and trust they build with the people who come to them for support, they empower people to start on the path towards a better future.

Basic Digital Skills

Courses

Computer Basics

Computer Basics provides free drop-in instruction of basic computer skills, such as how to set up and use email, create a Word document, or use the internet to search and apply for jobs or housing. This program operates 2-hour sessions twice a week in our Community Space which serves people experiencing poverty or homelessness. Most individuals who use our space have little or no access to computers, much fewer opportunities to develop computer literacy skills. This program will provide much-needed instruction in basic computer skills for individuals who desire to learn them.

Adult Literacy

Courses

Nehiyaw Language Program

Our Nehiyaw Language Program offers an opportunity for our Indigenous community members to reclaim and celebrate their own languages and traditions. It is evident in the Indigenous community that reconnection to Indigenous culture is a powerful tool for recovery, healing, empowerment, and prosperity. This program intends to make those essential connections

to our culture that have been lost over generations of western practice that suppressed Indigenous culture in pursuit of societal assimilation through the Residential School system while also strengthening literacy in the community through meaningful engagement.

Canadian Arab Friendship Association

Website

<https://www.aisca.ab.ca/members/cafa/>

Mandate

The Canadian Arab Friendship Association is an established Edmonton based non-for-profit community service agency with over forty years of bridging Canadian and Arab and other ethnic cultures in Edmonton in an educational and productive manner. The organization is lead by a committed group of long-term employees, educators, and volunteers. Our overarching mission is to ensure that immigrant families and newcomers have access to programs and a support network that helps them adapt to their new life in Canada.

Basic Digital Skills

Courses

Learn it! Use it!

'Learn It! Use It!' is a basic computers skills course that addresses the gap in knowledge and proficiency surrounding technology, the use of computers, operating basic software programs, and navigating the Internet. Throughout the course, participants will engage in computer tasks such as creating a document, saving, and deleting files, printing, and using the Internet to sign into email. Learn It! Use It! pairs the knowledge of computers and the use of the internet with the essential language components of vocabulary, spelling, and writing communication structures. The foundational computer skills that learners will gain in this course will help them in their daily life and engage them in society.

English Language Learning

Courses

Refresh Circle

The Refresh Circle course consists of ESL and digital practice, and it caters to immigrant seniors, specifically to those 55 years and older. In this course, learners will have the opportunity to socialize, practice technological skills, make friends, read storybooks, do crafts, and engage in physical activities. We offer support and create different opportunities to share their knowledge and skills through volunteer work in social services. Learners will gain knowledge about their community and access a wide variety of beneficial information about different services in the community. This class provides individual support that is available for the mental and physical health benefits for seniors out of the classroom setting. Being outside the classroom and involved with the community will help them feel connected, healthy, engaged, and productive members of their community. This course helps them develop English and computer skills, so they can focus on expanding their role and participation in society.

English as a Second Language

Our ESL community-based course prepares learners at multi-CLB levels to use English with accuracy, efficiency, and fluency in their daily life within a safe learning environment. The program builds up the communication abilities and foundational language skills of the learners. Achieving preparedness is done through the four English learning skills and math activities. Critical themes for this course include participation in discussions, reading authentic material, stories and instructions, real-life role-play, filling out simple application forms, writing autobiographical information and stories about self, family, and Canadian culture, and reading medicine labels and more. The learners will also be able to develop their grammatical skills on a daily basis, as the core of every activity has this in focus. Computer block practices act as reinforcements to all learning concepts covered in class.

Reading Language Proficiency

Our Reading Language Proficiency Program is based on themes, topics and activities that incorporate the learners' immediate needs and goals.

This course is a multi-CLB level and is designed for English non-literate or pre-literate adult learners up to CLB 4. This course focuses on learning basic English language skills and becoming familiarized with the basic rules of English reading and language. The focus is particularly on reading clearly, concisely and slowly so everyone can keep pace. Learners will be reading simple short paragraphs, original material that has been prepared specifically for the course and authentic materials that learners may encounter in their daily life. Learners participate in a wide variety of activities and exercises that build their vocabulary around various topics that are relevant to their needs in daily life. The course activities will generally focus on learners' reading comprehension, expanding vocabulary past the most common words, and writing basic messages and texts. Computer block practices act as reinforcements to all the learning concepts covered in class. Learners can learn and practice how to read, as well as write at Stage I in CLB levels.

Writing for Beginners

This class is a one-session course through the funding year. This class consists of multi CLB levels learners. Most learners need foundational writing skills so that they can focus more on developing and communicating ideas in their writing. Literacy-CLB 2 (beginners) in this class work on letter formation, pencil/pen grip, spelling simple words and sentences and fill out a form with personal information. This class focuses on providing clear instructions and frequent practice to polish learners' writing skills. CLB 3-4 work on developing their writing skills by understanding the structure of the sentence and writing simple sentences in a paragraph form. The course teaches learners how to format and write text messages, as well as compose and write emails related to typical needs related to self and family matters. The learners continue to develop their grammar through training and exercises around the covered topics. The computer's block practices act as reinforcement to all learning concepts covered in class.

Centre for Family Literacy

Website

<http://www.familit.ca/>

Mandate

The Centre for Family Literacy (CFL) believes that literacy skills develop in families first. The CFL focuses on assisting families in their attempts to improve their literacy skills by developing and delivering family and adult literacy programs in the Capital region; providing training to family literacy professionals in Alberta and across the country; serving as an information and program resource to family literacy professionals in Alberta; raising awareness about the importance of literacy and its impact on individuals, families and communities; and acting as a catalyst for inter-agency support for families.

Adult Literacy

Courses

Adult Book Club

Join our book club! This program is for adults who want to read for fun. As a book club, you will meet once a week for 10 weeks to read and talk about a book. This relaxed, safe group setting will help you work on your reading, understanding, vocabulary and writing skills. Tell us what you want to learn about and we will add it to the activities and discussion topics where we can. Books for the next session will be chosen based on what we hear from you!

Family Literacy Program

Family Book Club

Build your own program by telling us what you want to learn about! This fun, hands-on program uses a family-friendly book club format to offer literacy tools and activities for adults and their children (0-6 years) to use in their parenting and daily routines. Meeting once a week for 10 weeks, adults will learn how to support their child's literacy development while building their own skills through program content decided on by the group.

Tutoring

Volunteer Adult Tutor Program: Adult Literacy

This program matches volunteer tutors with adult learners who want to work on their literacy, numeracy, or language skills. Learners go through a safe, non-judgemental assessment process with our Adult Learning Team and decide on goals. The learner is paired with a trained volunteer tutor who has appropriate skills to match the goals of the learners.

Tutors and learners usually meet for at least six months, on a weekly basis to work toward learner goals. Meetings take place in public spaces in areas of the city, online or at the Centre for Family Literacy – whatever works best for the pair.

Basic Digital Skills

Courses

Keeping Up with the Kids: Basic Computer Skills

Join us as we help you “keep up with the kids” by gaining confidence in basic computer skills. You will learn how to:

- Spot fake news - know when what you see online is true, trustworthy, and safe.
- Share videos, pictures and links for work or with your family and friends.
- Chat, video call and email to connect online.
- Become a search wizard! Find the best bus route, the best deal when shopping and the information you need from any website, from employment opportunities to health services.
- Learn skills you can use on any computer, tablet, or phone.

Cerebral Palsy Association in Alberta

Website

www.cpalberta.com

Mandate

Cerebral Palsy Alberta (CPAA) is committed to empowering, supporting and enriching the lives of individuals affected by cerebral palsy and other disabilities to achieve their full potential.

Statistically, individuals with disabilities are one third less likely to be employed and one half less likely to participate in post-secondary education. The rates of participation in extracurricular activities are far below that of the general population and they are more likely to engage in passive, solitary activities.

Basic Digital Skills

Courses

iPad Social Media Program

Learn the basics of how to use social media applications on an iPad (Facebook, Facebook Messenger, YouTube, Twitter, Instagram, etc.), how to create email and use accounts, post pictures, movies and more. A lot of practice time is included so that you can practice your new skills.

Connect Society

Website

<https://connectsociety.org/>

Mandate

Connect Society has been serving Deaf and Hard of Hearing individuals since 1963. Their vision is: "Empowering Deaf and Hard of Hearing children, adults and their families to engage fully within their communities". The Connect Society's target population consists of Deaf and Hard of Hearing children and youth, hearing children whose parents are Deaf or Hard of Hearing, Deaf and Hard of Hearing adults and families of Deaf and Hard of Hearing individuals. Their core beliefs are that every individual is unique and valued for their diverse talents, attributes and abilities in all aspects of life, and that the ability to communicate fully is essential to all aspects of living. The Connect Society strives to empower people to access the supports they require to participate as fully as possible in all aspects of community life to fulfill their aspirations.

Community Capacity Building

Family Literacy Enrichment

Family Literacy Enrichment has been developed to promote the importance of early literacy experiences, build the skills of parents, and provide specialized resources so parents can generalize their skills within their home environments. Programming components include literacy backpacks, a family literacy library, family library/preschool class visits, Family Literacy Day, and a "Read in Week". These activities are offered at Connect Society. The library and backpacks are available throughout the year.

Parent and Child Learn and Play

The Parent and Child Learn and Play course (based on Magic Carpet Ride) moves naturally through the many special ways our parents can support their children's literacy experiences. This program utilizes many of the Connect Society's past offerings in one program that is longer in length and is comprehensive in covering the topics that are relevant to their community of learners. The program starts with simpler ways to use

early literacy and builds on skills throughout the year and progress to more complicated ASL and learning concepts.

ASL Learner's Licence Preparation

ASL Learner's Licence Preparation is designed for learners who are deaf and hard of hearing who want to pass the Class 7 exam. Instruction is given using American Sign Language and includes, introductory/review sessions, classroom instruction, support through the exam and debriefing of the exam results.

Connect Cooks

"Connect Cooks" teaches learners who are deaf how to read and cook recipes. Students eat a meal together each week and take a meal home on the weeks they cook. This program focuses on building foundational life skills through learning and cooking activities with complex foundational learners so they are better able to complete day to day tasks independently. These learners are Deaf and often have additional challenges such as significant language deprivation and/or disabilities. The course is based on the Alberta Health Services Collective Kitchen Manual and covers a variety of topics such as healthy eating, food safety, meal planning, etc. The course format alternates between learning sessions and cooking sessions. Topics are chosen based on the interests and relevance of the participants.

Job Ready

Job Ready is a course designed for learners who are deaf and hard of hearing who are interested in learning skills that improve their opportunities to get and keep a job. Information and training on career investigation, resumes, job interviews and employee skills will be part of the course.

Cultural Connections Institute – The Learning Exchange (CCI-LEX)

Website

<http://www.cci-lex.ca>

Mandate

Since 2003, CCI-LEX has been changing the lives of thousands of newcomers to Edmonton by promoting the personal growth of adult learners through English language instruction and the exchange of cultural knowledge.

Our vision is that all English language learners are able to engage and contribute to their communities in a way that is meaningful to them.

English Language Learning

Courses

Workplace Communication Skills

This is a specialized class for intermediate and high intermediate students focusing on the speaking and writing skills needed in a variety of workplace settings and helps students explore Canadian workplace culture. Students will learn and practice language and soft skills to express themselves appropriately in the workplace, share their opinions, write work emails, as well as improve their English for the job search and enhance understanding of Canadian workplace practices.

Reading and Writing Skills

This course is for students at the low intermediate level to improve their reading and writing skills. As students do reading activities, they focus on things that contribute to good writing. They will apply these ideas to their own writing by (1) learning and reviewing the basics of good sentence structure and key grammar points (2) developing and using creative ideas, (3) constructing effective paragraphs, and (4) putting together

larger pieces of writing – paragraphs, emails, stories, etc. – according to students' needs and wants.

Dickinsfield Amity House

Website

<http://www.amityhouse.ca/>

Mandate

Dickinsfield Amity House exists to promote and encourage the independence and well being of individuals and families by providing social, recreational, and educational programming at the preventive level. Their current programs include Teaching Tots, an Early Intervention preschool program; Drop in, where the community can get together, addressing social isolation and connecting to resources; outreach, where a social worker can work with program participants and connect them to services and supports; and their ECALA funded programs, ELL, Collective Kitchens and Umbrella Kitchens. Dickinsfield Amity House is located in a CRHC unit with a secondary location in the Londonderry Community League. Their program participants reflect the diversity of the community, with a higher than city wide average number of newcomers, single parent families, families living with low income and unemployed/under employed individuals.

Community Capacity Building

Courses

City-wide Collective Kitchens

City-Wide Collective Kitchens program provides Collective Kitchens and related programs in locations throughout the city. These programs consist of small groups of people who get together on a regular basis to plan and cook nutritious meals for their families in a supportive environment. Participants share ideas and recipes. They learn and improve basic cooking, literacy, numeracy and life skills, which include planning, shopping, adjusting recipe quantities, determining nutritional choices, and preparing meals for themselves and their families. By cooking together, participants will increase skills while developing social support.

Slow Cooker Kitchens

The Slow Cooker Kitchens is an 8-20 week program where participants learn healthy meal prep skills. This program is held in agencies in the communities where the learners are. Learners meet weekly to plan and prepare a meal in their slow cooker. New participants receive a slow cooker to take home and each week they make a new recipe specifically for the slow cooker. Learners learn how to use the slow cooker to save time and money and build a recipe box.

Edmonton City Centre Church Corporation (E4C)

Website

<https://e4calberta.org/>

Mandate

E4C is a non-profit, charitable organization that has been working for almost 50 years to help vulnerable people here and now. E4C's ultimate goal is to prevent and eventually eliminate poverty. They acknowledge that their mission is possible with the help of others who are ready to see the strength they see in the people they serve. Currently E4C operates more than 20 distinct programs to meet the changing needs of the community and touches the lives of close to 15,000 Edmontonians each year.

English Language Learning

Course

Foundational Skills Through Conversation

The Foundational Skills through Conversation is offered to provide participants with an opportunity to practice, learn and build confidence in their English language skills in a safe and supportive environment.

Course topics include:

- Basic English Language Skills (Reading, Writing and Speaking),
- Health and Wellness,
- Financial Literacy,
- Resume Building, and
- Community Resources.

Learning Activity

Daily Literacy

Daily Literacy is a learning activity that builds and enhances participants' basic literacy skills through online facilitation. These activities strengthen literacy skills among participants with their children, particularly those

families who have multiple barriers and vulnerabilities. Adults will learn to speak, read and write in English using Family Literacy as a mode of delivery. Adults will have increased confidence in their parenting skills.

Edmonton Immigrant Services Association

Website

<http://www.eisa-edmonton.org/>

Mandate

Edmonton Immigrant Services Association (EISA) is a not-for-profit charitable organization that assists new immigrants, refugees and first-generation Canadians with their settlement, adaptation and integration needs regardless of their age, gender, religion, nationality or ethnic origin. EISA's vision is that participating newcomers are successfully integrated into Canadian society and are actively engaged in their communities. Community volunteers and staff provide a variety of settlement and integration programs and services that are responsive to clients' needs. Newcomers can access our services from 80 delivery sites in Edmonton and surrounding areas, Grande Prairie and Fort McMurray.

English Language Learning

Courses

English Language Learning Level 2-3

The English language courses we offer will help you improve your speaking, listening, reading, and writing skills at different levels. Level 2 and 3 courses will improve your basic English language skills to help you function in your daily living and in your new communities. Improving your English language skills and increased knowledge will enhance your ability to settle and integrate into various communities.

English Language Learning Level 3-4

The English language courses we offer will help you improve your speaking, listening, reading, and writing skills at different levels. Level 3 to 5 courses will build on your English language skills and incorporate grammar and knowledge on various aspects of life in Canada. Improving your

English language skills and increased knowledge will enhance your ability to settle and integrate into various communities.

English Language Learning Level 4-5

The English language courses we offer will help you improve your speaking, listening, reading, and writing skills at different levels. Level 4 to 5 courses will build on your English language skills and incorporate grammar and knowledge on various aspects of life in Canada. Improving your English language skills and increased knowledge will enhance your ability to settle and integrate into various communities.

Edmonton Mennonite Centre for Newcomers

Website

<https://emcn.ab.ca/>

Mandate

Edmonton Mennonite Centre for Newcomers (EMCN) is a community agency that seeks to assist immigrants and refugees coming to the Edmonton area to achieve full participation in the community and contribute their experiences and skills to enrich the lives of all Canadians. We envision a future where many citizens walk with newcomers to bridge their transition into community. To achieve this vision, EMCN serves as a key catalyst and leading collaborator in positively shaping the attitudes, behaviors, and practices of organizations and individuals in order to value the diversity that newcomers bring to community. Our work is founded on the core values of social justice, diversity, compassion and responsibility.

English Language Learning

Courses

Community Outreach

The Community Outreach course is targeted at newcomers who need English to function to the best of their ability in their communities and at work. Learners have many different learning goals, so a variety of skills and topics are covered in the classes, but reading, writing, listening, and speaking components are worked into each theme.

Seniors English as Another Language

The Seniors EAL is specifically targeted to support the learning needs, goals, and learning pace of immigrant seniors over the age of 55. The focus of the classes is to help build language, knowledge of services, and skills so that seniors can actively participate in the community.

Family Literacy Program

Parenting and Literacy

Parenting and Literacy is a program to support the specific foundational learning needs of newcomer women with pre-school age children. This program helps parents understand Canadian culture, rules and regulations, and their role in the education of their children in Canada, parents develop skills and confidence to engage in the community and contribute their voice to supporting their children in their social/emotional and skills-building growth. These objectives are accomplished through group-based experiential family literacy opportunities (parents and children together), literacy classes for parents and caregivers (without their children present), as well as tailored supports from a social worker in both one-to-one and group settings. Referrals to other social and developmental programs and services are provided as warranted.

HIV Network of Edmonton Society

Website

<https://www.hivedmonton.com/>

Mandate

HIV Edmonton is dedicated to making life better for people living with, or affected by HIV and AIDS. They do this by focusing on the elimination of HIV transmission and AIDS-related deaths and working to erase the stigma and discrimination faced by people living with, and affected by HIV and AIDS. HIV Edmonton supports people living with, and affected by HIV and AIDS by: developing educational resources for community organizations, healthcare professionals and the general public; developing and delivering prevention, health promotion and support programs; and providing a voice for people living with, and affected by HIV and AIDS through their work with local, provincial and national organizations on policy development, health strategy and program design.

Community Capacity Building

Learning Activities

HIV Edmonton Collective Kitchen

The Collective Kitchen continues to be an incredibly successful activity. We continue to see growing confidence in learners to read and follow recipes, measure ingredients, and connect with staff about learning goals. We were fortunate to be able to pivot and continued to offer this activity throughout COVID-19 restrictions. We saw the continuation of this activity as a priority because of the importance of nutrition and social connection. This was achieved through outreach efforts in offering the activity remotely. Individualized packages were prepared and delivered to the homes of individuals. These packages included all items and ingredients required to prepare the meals. Along with preparation instructions and recipes that were offered through pre-recorded or printed methods. Participants would then connect individually with the facilitators to provide support and feedback. Going forward, we have secured tablets for participants that will enable us to prepare the meals live/virtually, with participants through the use of Zoom.

Nutrition and HIV

The HIV and Nutrition course is aligned with the Collective Kitchen activity and offers in-class lessons that are based on a Food Guide developed by CATIE for individuals living with HIV. The course is offered twice a year and focuses on Healthy Living and Eating with HIV. It is taught in 3 parts, these are as follows, The Basics, Your Body and HIV, and Managing Side Effects. Each lesson consists of three sections that include a presentation, guest speaker and activities.

Indo-Canadian Women's Association

Website

<http://icwaedmonton.org/>

Mandate

The Indo Canadian Women's Association (ICWA) was established in 1984 and is a leader in western Canada in advocating for the rights of immigrant women, men and youth. Through settlement assistance, skill building community activities, and adult education they try to ensure that newcomers are assisted to the utmost in their journey of settlement and integration in Canada.

English Language Learning

Courses

English Conversation Class

Our English Language Learning program aims to provide basic and free English Language to (newcomers) adults and seniors to improve their language skills and ensure a smooth transition in Canada. Under these categories, we teach two courses: 1) English conversation for seniors and English as a second language for adults.

English as a Second Language

ESL class provides students with the opportunity to grasp the social and cultural aspects of the English Language through the teaching of reading, writing, speaking and listening, The curriculum is developed to help learners master the language skills necessary to be successful members of society and integration in Canada.

Basic Digital Skills

Course

Computer Literacy

The basic digital program aims to provide digital skills to learners who want to improve their knowledge on how to improve and navigate basic computer functions which are essential in today's workforce and successful integration in Canada.

Multicultural Family Resource Society

Website

<https://www.mfrsedmonton.org/>

Mandate

In 2005, the Multicultural Health Brokers Co-Operative (MCHB) co-founded Multicultural Family Resource Society (MFRS) to provide participant driven programming to Newcomer families and youth who face a number of barriers including social isolation, economic poverty, food and housing insecurity, Post Traumatic Stress Disorder and other mental health issues related to war trauma, and cultural and language barriers. MFRS participants often lack the confidence, knowledge and skills to access supports and services to find jobs, navigate schools and the healthcare systems. Currently MFRS works with over 2000 newcomers to provide direct services and programs that address these integration and quality of life issues by reducing the social challenges that newcomers face in a way that is responsive to the culture of the families.

English Language Learning

Courses

English for Community Integration - Intermediate - Millcreek Christian Assembly

English for Community Integration classes at Millcreek Christian Assembly are geared primarily towards immigrant and refugee women from different ethnocultural backgrounds who are primary caregivers of young children, and ethnocultural seniors who often have barriers to access to traditional adult learning opportunities. The purpose of this program is to provide participants with an opportunity to improve their English and numeracy in a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. While classes are open to all learners, we anticipate most being from Eastern European communities due to the timing of other activities at this location. Note: Due to COVID-

19, it is likely programming will be delivered online until further public health guidance.

English for Community Integration: Parkdale-Cromdale

English for Community Integration classes at Parkdale/Cromdale are geared primarily towards immigrant and refugee women from different ethnocultural backgrounds who are the primary caregivers of young children. The purpose of this program is to provide participants with an opportunity to improve their English and develop skills towards lifelong learning in a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. This class is open to learners from different communities with an emphasis on intermediate and advanced learners. Note: Due to COVID-19, it is likely in-class programming will be delivered online until further public health guidance.

English for Community Integration - Beginner - Syrian Family Support Office

English for Community Integration beginner classes at the Syrian Family Support Office are geared primarily towards immigrant and refugee women from different ethnocultural backgrounds who are the primary caregivers of young children. The purpose of this program is to provide participants with an opportunity to improve their English and numeracy in a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. While classes are open to all learners, we anticipate most learners to be Arabic speaking due to its location. This class will be designed specifically for beginner learners. Note: Due to COVID-19, it is likely programming will be delivered online until further public health guidance.

English for Community Integration – Intermediate - Syrian Family Support Office

English for Community Integration intermediate classes at the Syrian Family Support Office are geared primarily towards immigrant and refugee women from different ethnocultural backgrounds who are the primary caregivers of young children. The purpose of this program is to provide participants with an opportunity to improve their English and numeracy in

a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. While classes are open to all learners, we anticipate most learners to be Arabic speaking due to its location. This class will be designed for intermediate English language learners. Note: Due to COVID-19, it is likely programming will be delivered online until further public health guidance.

Norwood Child and Family Resource Centre

Website

<https://www.norwoodcentre.com/>

Mandate

Norwood builds on the strengths of children and families through support and education to optimize child development and connect families to community. They use a holistic approach to meet the emotional, social, health and emerging needs of families in the community. Norwood strongly believes that when they work with children, they do so within a trauma informed and strength-based model and never in isolation of families and communities. Their programs focus on prevention and early intervention in early childhood and family support.

Community Capacity Building

Courses

Literacy and Parenting Skills (LAPS)

This program provides learning opportunities that strengthen skills for learning relating to parents with young children. Through active engagement in the learning opportunity, learners identify their own goals recognizing themselves as the learner. Learners contribute valuable knowledge and skills which was previously acquired linking it to new learning. Learners take risks in their learning by practicing content that supports their goals allowing them to build confidence in themselves and their skills by collaborating with others in a positive learning environment. Overall, learners will advance their skills in learning by developing skills they can use in their everyday lives including verbal and non-verbal communication along with other skills presented in the opportunity.

P.A.L.S- Project Adult Literacy Society

Website

<https://palsedmonton.ca/>

Mandate

The mission of P.A.L.S. is changing lives through literacy. The mandate is to provide opportunities for adults who have low literacy – reading, writing, math, and English language skills, so that they can fully participate in the community, make informed decisions, and improve employment. The strategy is that volunteers from the community tutor/mentor the adult learners in small groups, 6 to 8 adult learners and one to one tutoring. The adult learner builds on their current skills to increase capacity and meet goals.

Basic Digital Skills

Tutoring

One-to-One Tutoring: Basic Digital Skills for Everyday Use

The One-to-One Tutoring Program is to help adults and who are not comfortable using technology become digitally literate and use it to further their personal, learning, or employment goals. Through this program, adults gain the skills and understanding of how information technology works and how it can assist them in doing things they like or need to get done more effectively. Learners in the program are matched with volunteer tutors in a one-to-one match to help them accomplish their individual learning goals. This learning is supplemented with some small group work and group s. Learners can simultaneously be enrolled in the Literacy, Numeracy, and/or our Literacy for English Language Learners programs to work on their other literacy goals.

English Language Learning

Tutoring

One-to-One Tutoring ELL

Do you want to improve your English skills for work and life? Come to our LELL program if you are a non-native English speaker.

You will be working with a volunteer tutor one-on-one for about 2 hours every week. The materials are provided, and the tutoring times are set based on your schedule. You will be working on an English topic of your choice, activities include:

- Learn new English words,
- Practice daily conversations,
- Listen to the news
- Read English stories
- Write your information to fill out forms,
- And many more!

Your tutor will help you to improve your speaking, listening, reading, and writing skills altogether and apply them to your daily living!

Eligibility: If you are between pre-CLB to CLB 5, you are welcomed to attend the LELL program. If you are CLB 6 and above, please check to see our Literacy Program. (If you don't have a CLB score, don't worry, we will arrange an assessment for you.)

Adult Literacy

Tutoring

One-to-One Tutoring Reading and Writing

P.A.L.S. - Project Adult Literacy Offers Free Reading and Writing Classes. You can work with a tutor one to one, online or in person. You can meet one or two times a week. Right now, we are online but after COVID you can meet in our office in downtown Edmonton or at a library near your home. Books and materials are free and we will work around your job times. We have meetings during mornings, afternoons, evenings and weekends. Up your skills! Call P.A.L.S. at 780-424-5514 to sign up and learn!

Courses

Book Club

Read Good Books! Have Fun! Meet New People!

Want to read a good mystery or something that will make you laugh? How about a great story that will touch your heart? PALS Project Adult Literacy has a book club on Wednesday afternoons from 1:00 to 3:00 pm. We are on Zoom but after COVID we will be meeting at our office in downtown Edmonton. We will be reading and learning new words doing some writing of our own and talking and laughing a lot! It's a cheerful and friendly group. Improve your reading and writing skills have fun and meet new people! Call 780-424-5514 to join!

SingAlong

Singing helps you read better, it improves your pronunciation and understanding of the stories in the songs! At P.A.L.S. we sing folk songs and popular songs everybody knows on Mondays from 1:00 to 3:00. Singalong is open to everyone. ELL students are welcome! It opens your eyes to Canadian culture. Getting together to sing is fun - learners make friends and can talk as part of a group and enjoy meeting new people. Call 780-424-5514 to join!

Numeracy

Courses

Math in Science

The Math in Science program is designed for learners whose goal is to join the trades and are currently working on their Math and Literacy/language skills. This program helps them learn the vocabulary, the math and the basic science concepts they need in order to prepare for the technical instruction required in any trade. The premise is to broaden the learners' exposure to science for the trades.

Learning Activity

Math Test Preparation Workshop

Are you preparing to go back to school? Looking to start an apprenticeship? This workshop can help!

- Learn how to study and prepare for an exam
- Learn how to deal with anxiety
- Learn tips and strategies for writing an exam
- Learn how to solve many kinds of math problems

This workshop will include a practice exam to try out what you learn and a review session for immediate feedback.

Tutoring

One-to-One Tutoring: Math Literacy

Want to improve your math skills for work, school, or everyday life? We can help!

- Meet with a volunteer tutor one-on-one or in small groups for a few hours each week, at a time that works for you.
- Use learning materials with real-life examples.
- Go at your own pace and build on what you already know.
- Gain confidence with numbers, improve your problem-solving skills and learn how to apply math skills to everyday tasks.

Russian Language and Culture Education Society of Alberta

Website

<https://www.erudit.ca/>

Mandate

The Russian Language and Culture Education Society of Alberta's mission is to provide a high quality EAL education, which prepares students to learn, to work, and to live fully; to help newcomers acquire English as fast as possible and to adapt themselves to a new culture. Their purpose is to assist students in reaching their educational, vocational, linguistic, and personal goals. They aim to preserve Russian Heritage (language, traditions, culture, customs) among Russian speaking Canadians and newcomers; provide help with daily life issues and settlement services; help with better understanding of Canadian multiculturalism (for example: multicultural women's group to share recipes, crafts, stories, topic discussions, guest speakers, interest groups, etc.); and give all newcomers equal opportunities to fully use their potentials (sport activities, cultural festivals, etc.).

English Language Learning

Courses

English as Another Language (EAL) for Adults

Come to our program if you:

- Cannot understand other people when they speak in English;
- Are afraid to pick up the phone;
- Are looking only for doctors who speak your language;
- Try to avoid your neighbours not to have small talks;
- Cannot find products in stores;
- Cannot help your children at school;
- Don't know anything about banking;

Improve your speaking, listening, reading, and writing skills in English with us.

We will learn English grammar, new vocabulary, read and listen to news and books, practice conversations on different topics, find information online and interact with other people in real-life situations.

Our experienced instructors in a welcoming environment will help you to feel comfortable in your everyday life, find your dream jobs, continue your education, meet new friends, learn not only English, but a lot about Canadian traditions and customs.

Somali Canadian Women and Children Association

Website

<https://somalicanadianwomen.ca/>

Mandate

Somali Canadian Women and Children Association (SCWCA) is non-profit organization that recognizes responses to and focuses on the unique concerns and needs of immigrant and refugee women, girls and their families. SCWCA's uniqueness is based on having a narrow gender related mandate, which has provided best practices in developing customized female focused initiatives. These initiatives always include children and youth wellbeing as important outcomes of our engagement. SCWCA has made the transition to Canada more comfortable, pleasant and successful for many immigrant women, children and youth.

English Language Learning

Courses

Employment Enhancement for New Immigrant Women: ELL Course

Employment Enhancement for New Immigrant Women is a program that focuses on increasing the English language skills, developing skills in the areas of assertiveness, self-efficacy, career planning, information retrieval, community economic development, job searches and job maintenance. This program is for immigrant women, particularly those who feel isolated in their homes and are frustrated by the obstacles that hinder them from participating more actively in their new society. This program is for immigrant women who are seeking changes in their working lives but do not have the knowledge, information, nor confidence to carry them out. The program is intended to enhance the knowledge of immigrant women and help them gain new skillsets.

Employment Enhancement for New Immigrant Women: Basic Computer Skills

The basic computer skills course allows immigrants and newcomers the opportunity to impart a basic level of appreciation. The course is aimed to introduce and improve skills in Microsoft Word, Excel and PowerPoint for on the job purposes. The students learn basic terminology, how to use a USB key, discover how to surf the Web safely, create an email account and learn to attach documents to emails. This allows being a part of a bigger community by making them digitally literate. This is a beginner course in which it is going to provide opportunities for our English Language students to practice their reading and writing in English.

Terra Centre for Teen Parents

Website

<https://terracentre.ca>

Mandate

Terra Centre is a non-profit organization helping pregnant and parenting teens to develop the self reliance and skills to be successful parents and contributing family members. The work of the agency personnel is dedicated to meeting Terra's mission and vision. Their mission is to empower teen parents to succeed and their vision is to help teen parent families thrive and enrich our community.

Community Capacity Building

Learning Activities

Literacy for Living - Braemar High School

Young parents learn about their part in role modelling the value and benefits of literacy learning for the whole family, practical strategies for creating literacy-rich environments in the home, discover how to use daily activities to strengthen the emergent literacy skills of children and build literacy skills and strategies to support everyday living.

This year the Living for Literacy program will be run in three cohorts primarily remotely. Facilitators will prepare literacy kits with activities and children's books to enhance literacy interactions at home. A light meal is also provided for participants to take home. Participants are encouraged to join the Terra Childcare Facebook group to get access to the songs and rhymes posted there. Communication is maintained through brief in-person conversations and emails.

Literacy for Living - Brentwood

Young parents learn about their part in role modelling the value and benefits of literacy learning for the whole family, practical strategies for creating literacy-rich environments in the home, discover how to use daily

activities to strengthen the emergent literacy skills of children and build literacy skills and strategies to support everyday living.

This year the Living for Literacy program will be run in three cohorts primarily remotely. Facilitators will prepare literacy kits with activities and children's books to enhance literacy interactions at home. A light meal is also provided for participants to take home. Participants are encouraged to join the Terra Childcare Facebook group to get access to the songs and rhymes posted there. Communication is maintained through brief in-person conversations and emails.

The Candora Society

Website

<http://www.candora.ca/index.html>

Mandate

Candora, founded in 1988, provides community-based and directed programs to respond to the identified needs of residents living in the area. Their mandate is to work with the residents of northeast Edmonton to help create a positive environment for individuals and families to live and grow and to collectively address issues of concern in their communities using a community development lens. The Candora Society recognizes and provides opportunities for progressive learning about issues that impact their community members' lives. Their motto is "People helping people make a difference".

English Language Learning

Courses

English Language Learning Basic 1 (Pre-Benchmark CLB 1)

Our English Language Learning (ELL) Program offers continuous entry, classroom-focused programs from September to June. Our weekly, community-based English Language Learning classes are adult centred and designed to meet the communication and content needs of learners ranging from CLB pre-benchmark to CLB5, our highest level. The sessions offer opportunities for students to, improve their basic English language proficiency in speaking, reading, writing, and listening. The program also helps to reduce isolation, build relationships with others, as well as to increase self-esteem and the ability to self-advocate.

English Language Learning Basic 2 (CLB 2-3)

Our English Language Learning (ELL) Program offers continuous entry, classroom-focused programs from September to June. Our weekly, community-based English Language Learning classes are adult centred and designed to meet the communication and content needs of learners ranging from CLB pre-benchmark to CLB5, our highest level. The sessions offer opportunities for students to, improve their basic English language proficiency in speaking, reading, writing,

and listening. The program also helps to reduce isolation, build relationships with others, as well as to increase self-esteem and the ability to self-advocate.

English Language Learning Intermediate (CLB 4-5)

Our English Language Learning (ELL) Program offers continuous entry, classroom-focused programs from September to June. Our weekly, community-based English Language Learning classes are adult centred and designed to meet the communication and content needs of learners ranging from CLB pre-benchmark to CLB5, our highest level. The sessions offer opportunities for students to, improve their basic English language proficiency in speaking, reading, writing, and listening. The program also helps to reduce isolation, build relationships with others, as well as to increase self-esteem and the ability to self-advocate.

English Language Learning Evening (CLB 4-5)

Our English Language Learning (ELL) Program offers continuous entry, classroom-focused programs from September to June. Our weekly, community-based English Language Learning classes are adult centred and designed to meet the communication and content needs of learners ranging from CLB pre-benchmark to CLB5, our highest level. The sessions offer opportunities for students to, improve their basic English language proficiency in speaking, reading, writing, and listening. The program also helps to reduce isolation, build relationships with others, as well as to increase self-esteem and the ability to self-advocate.

The Learning Centre Literacy Association

Website

<https://www.tlcla.org/>

Mandate

Mission: The Learning Centre Literacy Association engages people in community-based learning and literacy development that further enables them to make positive changes for themselves and their communities.

Vision Statement: The Learning Centre Literacy Association: A vibrant, diverse community confidently exploring and using literacy. The Association, in keeping with its Mission and Vision Statements, offers various on-site and outreach literacy/numeracy adult learning opportunities, as well as one to one volunteer tutoring to encourage involvement of Edmonton's marginalized or underprivileged citizens. On-site programs are offered on a continuous in-take basis from September to June. Current outreach locations include the Alberta Hospital, Buffalo Sage Wellness House, The Neighbour Centre, Edmonton Indigenous Seniors Centre and the Bissell Centre. Francophone Literacy programs are also available on the south side at the l'Alliance Jeunesse-Famille de l'Alberta Society (AJFAS) location.

Adult Literacy

Courses

Reading and Writing for Academic Goals (English and Francophone)

The Reading and Writing for Academic Goals course supports marginalized adults to improve upon and practice a range of reading, writing and critical thinking skills that are necessary for future academic upgrading or post-secondary goals. Adult students will also develop their vocabularies, gain confidence in learning about new topics and acquire organizational skills. Other additional essential skills to be developed include group skills, self-understanding and awareness, research skills, work habits as well as the ability and confidence to speak out in various contexts. The course will be offered in both French and English.

Reading and Writing for Life Goals (English and Francophone)

The Reading and Writing for Life Goals course supports marginalized adults to improve upon and practice a range of reading, writing and critical thinking skills that are necessary for daily living and social interactions. Instructor-led, with in-class volunteer support, this course will focus on increasing vocabulary, reading with ease, reading comprehension and spelling development. The course builds upon and helps improve previously learned reading and writing strategies. Practical and everyday living resources will comprise the content for classroom instruction and be based on individual learning goals for daily living. The course will be offered in both French and English.

Reading and Writing for Employment Goals (English and Francophone)

The Reading and Writing for Employment Goals is a classroom-based course provided by an instructor and volunteers that will help adult students to concentrate on strengthening and developing the employment skills required for advancing in current workplace positions or obtaining entry-level careers. Topics may include learning about specific job-related skills, labour force vocabulary, workplace culture, reading and writing strategies, and basic computer skills. Further emphasis is placed on the introduction and usage of Essential Skills. Literacy skills are essential for

getting into and staying in today's workforce. The course will be offered in both French and English.

Tutoring

One-to-One Tutoring: Adult Literacy

Volunteer tutors meet adult learners for weekly, 2-hour tutoring sessions. Each volunteer tutor and adult learner pair will work one-on-one at their own pace, on identified literacy goals for employment, academics or life.

Basic Digital Skills

Courses

Digital Skills: Basic

Basic Digital Skills course is designed to provide opportunities for marginalized adults with little or to no computer experience to develop confidence in computer skills that are necessary for many daily activities or to seek out job opportunities, or deepen their community connections in the city. Participants in the course will have access to computers and the internet that will allow them to practice their skills at home and in the community. The course also includes learning about such topics as how computers work, keyboarding skills, basic programs and internet security measures. The course will be offered in both French and English.

Advanced Basic Digital Skills

The Advanced Basic Skills course is designed to help adults further develop their basic computer skills by using technology to find, evaluate, organize, create, and communicate information needed to succeed in further education opportunities, the workforce or their communities. Participants will use technology, including the Internet, to produce and publish writing and to interact and collaborate with others. As well, students will learn how to use technology in reading and writing assignments, how to use multimedia, and how to use mobile devices to improve writing skills by communication via email or through texting. The course will be offered in both French and English.

Basic Digital Skills for Life Goals: Indigenous

Basic Digital Skills for Life Goals focuses on developing adult literacy skills for Indigenous students with a focus on basic digital skills. Regardless of

computer experience, participants will have the opportunity to develop typing, web browsing and basic program skills. Participants will have access to computers and the internet that will allow them to practice their skills at home and in the community; if they do not own devices, laptops will be provided at no extra cost. Participants will be introduced to digital storytelling and have the opportunity to write and publish personal reflections on their self-made blogs.

Tutoring

One on One Tutoring: basic digital skills

Volunteer tutors meet adult learners for weekly, 2-hour tutoring sessions. Each volunteer tutor and adult learner pair will work one-on-one, at their own pace, on identified literacy goals for employment, academics or life.

Numeracy

Courses

Math and Numeracy for Academic Goals

The Math and Numeracy for Academic Goals course is a flexible instructor-led course focusing on the study of number systems, rational numbers, algebraic expressions and equations, problem-solving, geometry, measurement and pre-GED. This learning format is for students who are transitioning into post-secondary or an upgrading program in the future. The course fosters the development of collaborative skills as adult students learn to work with others in group activities. Basic computer skills and use are typically interwoven into the classes and learning opportunities are made available for those students needing additional instruction. The course will be offered in both French and English.

Math and Numeracy for Life Goals

The Math and Numeracy for Life Goals is a course focusing on helping adults access, use and interpret and communicate mathematical information and ideas to better manage the mathematical demands of daily life. The Life Goals math/numeracy course is offered in a self-paced, small-class format to help develop basic math concepts, vocabulary, problem-solving strategies etc. Lessons often utilize practical daily examples encountered by adults. Digital skills are incorporated into the course as technological advances require that adults become comfortable with technology to accomplish daily numeracy tasks. The course will be offered in both French and English.

Math and Numeracy for Employment Goals

The Math and Numeracy for Employment Goals course focuses on the study of number systems, algebraic expressions, and equations, problem-solving, geometry, measurement and pre-GED. The course is employment-oriented designed to review basic computational and problem-solving skills to advance at current employment positions or to explore better job opportunities. Topics may include whole numbers, fractions, decimals, proportion, percent, powers, roots, graphs, formulas, measurement, and geometry. Additional emphasis will be placed on job-specific numeracy requirements related to current employment or prospective job opportunities. Technology will also be incorporated into the program. The course will be offered in both French and English.

Tutoring

One on One Tutoring: Numeracy

Volunteer tutors meet adult learners for weekly, 2-hour tutoring sessions. Each volunteer tutor and adult learner pair will work one-on-one at their own pace, on identified literacy goals for employment, academics or life.

The Red Road Healing Society

Website

www.redroadjourney.ca

Mandate

The Red Road Healing Society's vision is to walk with all our relatives on the Red Road of life by remembering, renewing and restoring our traditional roles and values that bring life so as to continually move forward, 'in a healthy way' as Indigenous People. They do this through providing professional social, education, health and legal services through an existing cultural, grassroots, community-based agency that provides a spectrum of holistic services for children, youth, adults and families in the City of Edmonton. Their Mandate is Indigenous Early Intervention and Prevention that we have done for 21+ years; and Accredited in for 14 years.

Adult Literacy

Courses

Stoney Language

Due to COVID-19, we no longer were able to continue with LONGHOUSE due to restrictions, so we went ahead and put a Stoney Language class in place.

Edmonton is surrounded by Nakota and Dakota people; they also reside in the City. As an organization, we wanted to include all the different languages. Yellowhead Tribal College Education Program (YTCEP) also provides Anishnabe language classes, and we have a Dene Elder at Red Road who shares his Athapaskan language.

Cree Class

Due to COVID-19, we no longer were able to continue with LONGHOUSE due to restrictions, so we went ahead and put a Cree Nehiyaw Language class in place.

Edmonton has a large population of Cree people; who also reside in the First Nation communities outside the City. As an organization, we wanted

to include all the different languages. Yellowhead Tribal College Education Program (YTCEP) also provides Cree and Anishnabe language classes; however, there are many people not enrolled in college who want to learn the language. There is also a Dene Elder at Red Road who shares his Athapaskan language.

United Cultures of Canada Association

Website

<http://www.ucca.ca/wordpress/>

Mandate

United Cultures of Canada's (UCCA) mandate is to create situations of inclusion for immigrants and refugees leading to their successful integration and effective participation in the Canadian society. They work to build community capacity and promote civic participation amongst newcomers. To achieve this, UCCA offer public education and training programs, interpretation and other direct services, and develop resources for community education in areas of victim support, laws, human rights, health, diversity and inclusion.

Basic Digital Skills

Courses

Adult Digital Literacy

The goal of the Adult Digital Literacy program of UCCA is to offer participants an opportunity to learn basic skills to operate a computer. Participants learn about parts of computers, computer-related terminology, and the Windows environment. In instructor-led real and virtual classrooms, they practice popular software applications, such as Microsoft Word, Excel, PowerPoint, Internet, and various kinds of emails. They learn to use recreational and social media apps such as YouTube, Facebook, Instagram, Netflix as well as popular cell phone apps such as WhatsApp. All learners get individual attention and support from course facilitators and volunteers who also ensure that learning proceeds in a safe, welcoming, and respectful environment.

English Language Learning

Courses

English for Life Skills (ELS)

Strengthening the application of language knowledge (i.e. competence) and skills (i.e. ability), the English for Life Skills program enhances learner's daily life experiences in unique ways and increases their confidence in communicating in both real and virtual worlds. It bridges the gap between students' knowledge of LSRW (CLB 4-5) and their skills by practicing these through quizzes, games, presentations, vocabulary cards, conversation circles, field visits, and role-play scenarios. It also gives learners superior skills to keep pace with the rapid digitization of communication in our times by following an innovative blended delivery model of traditional in-class learning and online interactive learning.

ELP (English Language Proficiency) – IELTS Preparation Course

Based on a holistic and learner-centred approach, this program prepares newcomers to score well in IELTS exam for the purpose of study, work, immigration, citizenship, and professional licensure. Through an adept use of conventional teaching methodologies such as classroom lectures, assignments and quizzes and innovative approaches such as web-mediated interactive learning techniques, our instructor motivates learners to acquire skills and confidence required to pursue further learning, acquire Canadian citizenship, and start a professional career.