



ECALA Course Directory 2020-2021

Action for Healthy Communities

Website

<https://a4hc.ca/>

Mandate

Action for Healthy Communities Society of Edmonton (AHC) is a registered charity in operation since 1995. AHC works with individuals, families, and groups to build their capacity to successfully integrate into society. AHC adopts a more broadly defined concept of community health as described by the World Health Organization: "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." Therefore, AHC's mission is to foster individual and group participation and action to improve the comprehensive and holistic health of diverse communities. AHC's mandate is to build the capacity of individuals and groups to improve their lives and communities through a unique community building process, including support, mentoring, and training.

Basic Digital Skills

Courses

Basic Computer Literacy Level 1

Basic Computer Literacy Level I is a flexible community-based program designed for beginners. Meeting learners' needs, the class introduces basic digital skills to students, including, but not limited to, computers, word processors, internet, emails, presentation, resume and cover letter, job websites and more. This is a hands-on program and during the class the instructor spends one-on-one time with each student. The course is taught by a trained computer teacher. Students will receive a certificate upon completion of this one-year program.

Basic Computer Literacy Level 2

Basic Computer Literacy Level 2 is a flexible, community-based program designed for adult learners who have basic computer skills but want to improve their skills further for their daily life and career. The course focuses on smartphones, social media, e-safety, online shopping, spreadsheets

and more. This is a hands-on program and during the class the instructor spends one-on-one time with each student. The course is taught by a trained computer teacher. Students will receive a certificate upon completion of this one-year program.

Senior Basic Computer Literacy

Senior Basic Computer Literacy is a unique training program designed for seniors who have little or no experience using electronic devices and want to learn English at the same time. The ultimate goal of the program is to help senior learners develop both basic digital skills and English skills to enrich their life and live more independently and meaningfully as a valuable community member in society.

Basic Computer Literacy for Women

Basic Digital Literacy for Women is a special program designed for immigrant and newcomer women who are participating in a LINC program or who want to intensively learn and improve their basic digital skills for employment. The topics include, but are not limited to, introduction to computer, word processing, internet, email, PowerPoint, resume and cover letter writing etc.

Basic Computer Literacy for Parents

Basic Digital Literacy for Parents is an innovative and special program designed for parents in a school environment, who want to learn basic computer and English skills simultaneously. The purpose of the class is to help adult learners acquire basic digital skills and basic English skills for their daily life and career. The topics include an introduction to computer, word processing, internet, email, PowerPoint, resume, and cover letter writing etc.

English Language Learning

Courses

English Level 1

The English Level 1 class is a flexible community-based program designed for immigrants and newcomers to improve their English communication skills. It covers basic English skills in the areas of listening, speaking, vocabulary, grammar, reading, and writing. Tailoring the needs for adult learners for their daily life, the contents of the curriculum include greetings,

introduction, shopping, family, friends, job applications, interviews, and more. The course is taught by a trained ESL teacher. Students will receive a certificate upon completion of the one-year program.

English Level 2

The English Level 2 class is a flexible community-based program designed for immigrants and newcomers who have basic English knowledge and want to practice and improve their oral and writing communication skills for their daily life and career. Meeting learners' needs, the topics at this level cover personal work experience, housing, banking, community and government services, resumes, cover letters and more. The course is taught by a trained ESL teacher. Students will receive a certificate upon completion of the one-year program.

English Level 3

The English Level 3 class is an advanced language course offered to the members of the community who may not be eligible to attend formal English classes due to their work hours. It is open to all learners, including immigrants, newcomers, and citizens. This flexible and informal community course emphasizes diverse aspects of listening, speaking, reading, and writing and develops the language skills of the high beginners. The course is taught by a trained ESL teacher. Students will receive a certificate upon completion of the one-year program.

Senior Basic English Class

The Senior Basic English Class focuses on English and cultural understanding for practical living in a Senior's context. The curriculum emphasizes on student's communicative ability and being able to use the language learned to lead more independent lives and participate more fully in their communities.

ASSIST Community Services Centre

Website

<http://assistcsc.org/en/>

Mandate

ASSIST Community Services Centre (ASSIST) is a non-profit and charitable organization which has been operating in the city of Edmonton for 42 years. Its mission is to enhance the lives of individuals and families through quality programs and services. Their primary mandate is assisting immigrants through practical settlement services and support to facilitate their successful integration into mainstream society. Additionally, ASSIST's key objective is to provide an integrated and comprehensive series of programs to promote the health and wellbeing of immigrants of all ages (children, youth, adults and seniors), from diverse cultural, linguistic, and ethnic origins.

English Language Learning

Courses

Learning English Through Kitchen Fun Activities

We use creative approaches to help newcomers with little or no English to begin learning English in a supportive environment. Our program is aimed at Cantonese and Mandarin speaking newcomers.

Learners will learn English by reading recipes, using different kitchen utensils, learning names of different condiments and measuring ingredients. All learners will be engaged in different kitchen activities. We will include two new sessions - listening to English songs and read the lyrics and a lunch session. This will help learners to develop listening and speaking skills. They will also develop English reading skills through learning and reading the recipes and nutritional facts.

Raising Children Through Songs, Stories and Books

This program uses creative approaches to help newcomers with little or no English to begin learning English in a supportive environment. Parents, caregivers and their children (0-6 years of age) will learn English vocabulary and phrases through songs and stories. There are also other activities such as storytelling, crafts, snacks and games. The program is primarily delivered in the participants' mother tongue (Mandarin or Cantonese). This has effectively eased the tension of learning, helped participants learn English in a less stressful and comfortable environment, as well as provide them with opportunities to apply what they have learned to strengthen their language development. Participants can also learn about community resources and Canadian culture including child rearing practices.

Ben Calf Robe Society

Website

<http://bcrsociety.ab.ca/>

Mandate

In 1980, a group of concerned citizens began to look at Aboriginal education in the City of Edmonton and discovered that some 80% of Native children did not complete high school. Their solution was to establish a school where Indigenous children felt accepted and culturally comfortable and thus encouraged to remain in school and complete their grade twelve. With the collaboration of the Catholic School Board, the Ben Calf Robe Society school was created. We believe that our children are sacred. Our work will strive to protect and enhance that sacredness by providing Indigenous children and their families with holistic education, supportive social services, and programs of high quality and cultural relevance.

Skills for Learning (Foundational Life Skills)

Courses

Trauma Informed Grief and Loss

Trauma Informed Grief and Loss Program will culminate around the concepts of the Medicine Wheel incorporating all four directions and implementing literacy, art, crafts and journal writing. Each session will start with a smudge and a prayer and will lead into a self- reflection and learning component. Each session will end with a smudge, prayer and a sharing circle checking in with everyone. This program will run for four days a week 10am – 3 pm and will run 4 times a year.

Cooking with Kokum/ Financial Literacy

This is a program that provides participants with literacy tools and skills that will better assist them in creating budgets, reading nutrition labels, reading recipes and preparing healthy meals and appropriate portion sizes for each family member. This program runs for four days (Monday – Thursday from 10am – noon, 1230pm – 230pm) and we run the course four or five times a year.

Traditional Parenting (Otenaw lynuik) Program

Participants will work together and learn about traditional ways, the influence of residential schools, and new skills including healthy relationships, communication, safety and injury prevention, traditional and modern parenting skills, child development information, age appropriate discipline methods and community supports available in the area. This program is open to everyone. We don't allow spouses to participate at the same time but encourage them to be a part at a different time.

Bissell Centre

Website

<https://bissellcentre.org/>

Mandate

The Bissell Centre offers basic needs services, addictions and mental health counseling, child and family resources (including a free respite childcare), victim services, housing and employment services, support for people with FASD, and more. Through the relationships and trust they build with the people who come to them for support, they empower people to start on the path towards a better future.

Basic Digital Skills

Courses

Computer Basics

The Computer Basics program provides free drop-in instruction on basic computer skills, such as how to set up and use email, create a Word document, or use the internet to search and apply for jobs or housing. This program operates 2-hour sessions twice a week in our Community Space which serves people experiencing poverty or homelessness. Most individuals who use our space have little or no access to computers, much less opportunities to develop computer literacy skills. This program will provide much-needed instruction in basic computer skills for individuals who desire to learn them.

Adult Literacy

Courses

Nehiyaw Language Program

The Nehiyaw Language program offers an opportunity for our Indigenous community members to reclaim and celebrate their own languages and traditions. It is evident in the Indigenous community that reconnection to Indigenous culture is a powerful tool for recovery, healing, empowerment, and prosperity. This program intends to make those essential connections

to culture that have been lost over generations of western practice that suppressed Indigenous culture in pursuit of societal assimilation through the Residential School system while also strengthening literacy in the community through meaningful engagement.

Canadian Arab Friendship Association

Website

<https://www.aisca.ab.ca/members/cafa/>

Mandate

The Canadian Arab Friendship Association is an established Edmonton based non-for-profit community service agency with over forty years of bridging Canadian and Arab and other ethnic cultures in Edmonton in an educational and productive manner. The organization is lead by a committed group of long-term employees, educators, and volunteers. Our overarching mission is to ensure that immigrant families and newcomers have access to programs and a support network that helps them adapt to their new life in Canada.

Basic Digital Skills

Courses

Learn it! Use it!

'Learn It! Use It!' is a basic computers skills course that addresses the gap in knowledge and proficiency surrounding technology, the use of computers, operating basic software programs, and navigating the Internet. Through out the course, participants will engage in computer tasks such as creating a document, saving and deleting files, printing, and using the Internet to sign into email. Lean It! Use It! pairs the knowledge of computers and the use of the internet with the essential language components of vocabulary, spelling, and writing communication structures. The foundational computer skills that learners will gain in this course will help them in their daily life and engage them in society.

English Language Learning

Courses

Refresh Circle

The Refresh Circle course consists of ESL and digital practice, and it caters to immigrant seniors, specifically to those 55 years and older. In this course, learners will have the opportunity to socialize, practice technological skills, make friends, read story books, do crafts and engage in physical activities. We offer support and create different opportunities to share their knowledge and skills through volunteer work in social services. Learners will gain knowledge about their community and access a wide variety of beneficial information about different services in the community. This class provides individual support that is available for the mental and physical health benefits for seniors out of the classroom setting. Being outside the classroom and involved with the community will help them feel connected, healthy, engaged and as productive members of their community. This course helps them develop English and computer skills, so they can focus on expanding their role and participation in society.

English as a Second Language

Our ESL community-based course prepares learners at multi-CLB levels to use English with accuracy, efficiency, and fluency in their daily life within a safe learning environment. The program builds up the communication abilities and foundational language skills of the learners. Achieving preparedness is done through the four English learning skills and math activities. Critical themes for this course include participation in discussions, reading authentic material, stories and instructions, real life role-play, filling out simple application forms, writing autobiographical information and stories about self, family and Canadian culture, and reading medicine labels and more. The learners will also be able to develop their grammatical skills on a daily basis, as the core of every activity has this in focus. Computer block practices act as reinforcements to all learning concepts covered in class.

Reading Language Proficiency

Our Reading Language Proficiency Program is based on themes, topics and activities that incorporate the learners' immediate needs and goals. This course is a multi-CLB level and is designed for English non-literate or pre-literate adult learners up to CLB 4. This course focuses on learning basic English language skills and becoming familiarized with the basic rules of the English reading and language. The focus is particularly on reading clearly, concisely and slowly so everyone can keep pace. Learners will be reading simple short paragraphs, original material that has been prepared specifically for the course and authentic materials that learners may encounter in their daily life. Learners participate in a wide variety of activities and exercise that build their vocabulary around various topics that are relevant to their needs in daily life. The course activities will generally focus on learners' reading comprehension, expanding vocabulary past the most common words, and writing basic messages and texts. Computer block practices act as reinforcements to all the learning concepts covered in class. Learners can learn and practice how to read, as well as write at stage I in CLB levels.

Writing for Beginners

This class is a one session course through the funding year. This class consists of multi CLB levels learners. Most learners need foundational writing skills so that they can focus more on developing and communicating ideas in their writing. Literacy-CLB 2 (beginners) in this class work on letter formation, pencil/pen grip, spelling simple words and sentences and fill out a form with personal information. This class focuses on providing clear instructions and frequent practice to polish learners' writing skills. CLB 3-4 work on developing their writing skills by understanding the structure of the sentence and writing simple sentences in a paragraph form. The course teaches learners how to format and write text messages, as well as compose and write emails related to typical needs related to self and family matters. The learners continue to develop their grammar through training and exercises around the covered topics. The computer's block practices act as reinforcement to all learning concepts covered in class.

Centre for Family Literacy

Website

<http://www.familit.ca/>

Mandate

The Centre for Family Literacy (CFL) believes that literacy skills develop in families first. The CFL focuses on assisting families in their attempts to improve their literacy skills by developing and delivering family and adult literacy programs in the Capital region; providing training to family literacy professionals in Alberta and across the country; serving as an information and program resource to family literacy professionals in Alberta; raising awareness about the importance of literacy and its impact on individuals, families and communities; and acting as a catalyst for inter-agency support for families.

Adult Literacy

Courses

Book Club

This program is for adults who want to read for fun! Learners will improve their reading fluency, vocabulary, comprehension and writing in a relaxed and comfortable group setting. Book choice and accompanying activities will be guided by the needs and interests of the group. Learners meet once per week between September and June.

Volunteer Adult Tutor Program

Tutoring

English Language Learning and Literacy, and Foundational Learning

This program matches volunteer tutors with adult learners who want to work on their literacy, numeracy, or language skills. Learners go through a safe, non-judgemental assessment process with our Adult Learning Team and decide on goals. The learner is paired with a trained volunteer tutor who has appropriate skills to match the goals of the learners.

Tutors and learners usually meet for at least six months, on a weekly basis to work toward learner goals. Meetings take place in public spaces in areas of the city or at Centre for Family Literacy – whatever works best for the pair.

Skills for Learning (Foundational Life Skills)

Courses

Literacy is Fun Together (L.I.F.T.)

This program offers fun, hands-on literacy, language and numeracy activities for adults and their children ages 0-6 years. It helps families support their child's early literacy development, develop positive family relationships, and strengthen the skills and knowledge of parents/caregivers as learners. The program will be offered using different Family Literacy programs to foster a love of lifelong learning. Learners meet once per week between September and June.

Basic Digital Skills

Courses

The Basics of Computers

This program is for all adults who want to learn the basics of computers for everyday use. Content includes learning about the hardware and the software of computers and other devices, such as iPads, cell phones, and printers. Learners will learn how to use email, use Microsoft Word to create a resume, navigate the internet, internet safety, complete applications for employment or housing, banking, and much more. Specific activities and resources will be guided by the needs and interests of the group. Learners meet once per week between September and June.

Chinese Cultural Promotion Society

Website

<https://www.ccps-clc.com/>

Mandate

The Chinese Cultural Promotion Society (CCPS) was created by immigrants from Mainland China for the purpose of mutual support and community development among non-English speaking individuals and families in Edmonton. Non-English-speaking immigrants are among the fastest growing population in Canada, with the various community members facing the challenges of both adaptation to the new environment, and the adjustment of the family relationships accordingly. CCPS' ultimate intention is to nurture leadership skill development among our own members beyond individual learning, which reflects one of their key mandates: community development. CCPS strives to implement initiatives by community members, for community members. Inherent in this process is the support for the participants to develop the skills to eventually take the facilitator/group leader role. We offer services such as heritage language instruction, early age education, parenting workshops, prenatal/postnatal and infant education and support, senior health and wellness support, and youth programs.

Basic Digital Skills

Courses

Adult Computer Literacy Program

The Adult Computer Literacy Program aims to teach new immigrant seniors and older adults essential computer skills, and this program reflects our Society's mission by helping these new immigrants adjust to a new environment and life in Canada. Furthermore, we hope to strengthen the new immigrant community, and eventually become more independent by giving them an easier way to connect with one another.

Connect Society

Website

<https://connectsociety.org/>

Mandate

Connect Society has been serving Deaf and Hard of Hearing individuals since 1963. Their vision is: "Empowering Deaf and Hard of Hearing children, adults and their families to engage fully within their communities". The Connect Society's target population consists of Deaf and Hard of Hearing children and youth, hearing children whose parents are Deaf or Hard of Hearing, Deaf and Hard of Hearing adults and families of Deaf and Hard of Hearing individuals. Their core beliefs are that every individual is unique and valued for their diverse talents, attributes and abilities in all aspects of life, and that the ability to communicate fully is essential to all aspects of living. The Connect Society strives to empower people to access the supports they require to participate as fully as possible in all aspects of community life to fulfill their aspirations.

Skills for Learning (Foundational Life Skills)

Family Literacy Enrichment

Family Literacy Enrichment has been developed to promote the importance of early literacy experiences, build the skills of parents, and provide specialized resources so parents can generalize their skills within their home environments. Programming components include literacy backpacks, a family literacy library, family library/preschool class visits, Family Literacy Day, and a "Read in Week". These activities are offered at Connect Society. The library and backpacks are available throughout the year.

Parent-Child Learn and Play

The Parent-Child Learn and Play course (based on Magic Carpet Ride) moves naturally through the many special ways our parents can support their children's literacy experiences. This program utilizes many of the Connect Society's past offerings in one program that is longer in length

and is comprehensive in covering the topics that are relevant to their community of learners. The program starts with simpler ways to use early literacy and builds on skills throughout the year and progress to more complicated ASL and learning concepts.

ASL Learner's Licence Preparation

ASL Learner's Licence Preparation is designed for Deaf and hard of hearing learners who want to pass the Class 7 exam. Instruction is given using American Sign Language and includes, introductory/review sessions, classroom instruction, support through the exam and debriefing of the exam results.

Connect Cooks

"Connect Cooks" teaches Deaf learners how to read and cook recipes. Students eat a meal together each week and take a meal home on the weeks they cook. This program focuses on building foundational life skills through learning and cooking activities with complex foundational learners so they are better able to complete day to day tasks independently. These learners are Deaf and often have additional challenges such as significant language deprivation and/or disabilities. The course is based on the Alberta Health Services Collective Kitchen Manual and covers a variety of topics such as healthy eating, food safety, meal planning, etc. The course format alternates between learning sessions and cooking sessions. Topics are chosen based on the interests and relevance for the participants.

Job Ready

Job Ready is a course designed for Deaf and hard of hearing learners who are interested in learning skills that improve their opportunities to get and keep a job. Information and training on career investigation, resumes, job interviews, and employee skills will be part of the course.

Creating Hope Society

Website

<http://www.creatingshopesociety.ca>

Mandate

Creating Hope Society's Mission and Vision are to: Create hope, support healing, honour truth and reconcile our differences. The Principles of Creating Hope Society include:

- To acknowledge the past wrongs and to move forward
- To learn from real life experience
- To build resiliency within

English Language Learning

Courses

Learning our Indigenous History Literacy Program

The “Learning Our Indigenous History” intends to merge components of both adult and family literacy that would include adults, parent(s)/caregivers, children and youth. The concept and objective of “Learning Our Indigenous History” is to reach Indigenous people in contributing their personal history and stories and further an understanding of their own relationship to Indigenous history and culture.

The program intention is to equip learners with the tools to share, collect and record stories and to support Indigenous adults to build capacity in literacy and support social interaction. Through the sharing and telling of stories, we want to recognize and validate the experiences and histories of participants.

Cultural Connections Institute – The Learning Exchange (CCI-LEX)

Website

<http://www.cci-lex.ca>

Mandate

Since 2003, CCI-LEX has been changing the lives of thousands of newcomers to Edmonton by promoting the personal growth of adult learners through English language instruction and the exchange of cultural knowledge.

Our vision is that all English language learners are able to engage and contribute to their communities in a way that is meaningful to them.

English Language Learning

Courses

Workplace Communication Skills

This is a specialized class for intermediate and high intermediate students focusing on the speaking and writing skills needed in a variety of workplace settings and helps students explore Canadian workplace culture. Students will learn and practice language and soft skills to express themselves appropriately in the workplace, share their opinions, write work emails, as well as improve their English for the job search and enhance understanding of Canadian workplace practices.

Dickinsfield Amity House

Website

<http://www.amityhouse.ca/>

Mandate

Dickinsfield Amity House exists to promote and encourage the independence and well being of individuals and families by providing social, recreational and educational programming at the preventive level. Their current programs include Teaching Tots, an Early Intervention preschool program; Drop in, where the community can get together, addressing social isolation and connecting to resources; outreach, where a social worker can work with program participants and connect them to services and supports; and their ECALA funded programs, ELL, Collective Kitchens and Umbrella Kitchens. Dickinsfield Amity House is located in a CRHC unit with a secondary location in the Londonderry Community League. Their program participants reflect the diversity of the community, with a higher than city wide average number of newcomers, single parent families, families living with low income and unemployed/under employed individuals.

Skills for Learning (Foundational Life Skills)

Courses

City-wide Collective Kitchens

The City-wide Collective Kitchens program provides Collective Kitchens and related programs (slow cooker kitchen, etc.) in locations throughout the city. These programs are small groups of people who get together on a regular basis to plan and cook nutritious meals for their families in a supportive environment. Participants share ideas and recipes. They learn and improve basic cooking and life skills, which include planning, shopping, adjusting recipe quantities, determining nutritional choices, and preparing meals for themselves and their families. For some participants it's an opportunity to practice and improve their spoken and written English. By cooking together sharing food and time, money is saved as well as developing social support.

Slow Cooker Kitchens

The Slow Cooker Kitchens is a 8-20 week program where participants learn healthy meal prep skills. This program is held in agencies in the communities where the learners are. Learners meet weekly to plan and prepare a meal in their slow cooker. New participants receive a slow cooker to take home and each week they make a new recipe specifically for the slow cooker. Learners learn how to use the slow cooker to save time and money and build a recipe box.

Learning Activity

One Day Workshops

One day skill building workshops are targeted learning opportunities designed to develop a particular skill. Workshop topics include: safe food handling, Christmas baking and chopped events-loosely based on the Chopped TV show-where teams 'compete' against each other using a mystery box of ingredients.

English Language Learning

Courses

English Language Learning

English Language Learning classes are held weekly in local libraries. Led by qualified teachers assisted by volunteers, students at various levels of English language proficiency come together and work on written and spoken English. Thanks to the support of volunteers, learners can be grouped according to their level of proficiency, receiving small group instruction tailored to their level. A number of extra-curricular activities are planned to take learning into the real world, such as trips to the AB Legislature.

Edmonton City Centre Church Corporation (E4C)

Website

<https://e4calberta.org/>

Mandate

E4C is a non-profit, charitable organization that has been working for almost 50 years to help vulnerable people here and now. E4C's ultimate goal is to prevent and eventually eliminate poverty. They acknowledge that their mission is possible with the help of others who are ready to see the strength they see in the people they serve. Currently E4C operates more than 20 distinct programs to meet the changing needs of the community and touches the lives of close to 15,000 Edmontonians each year.

Skills for Learning (Foundational Life Skills)

Course

Foundational Skills Through Conversation

Foundational Skills Through Conversation is a course for interested participants to practice, learn and build confidence in their English language skills in a safe and supportive environment. The ultimate goal of this course is to increase the potential for participants to utilize resources and increase opportunities and social networks that will help them to fully participate in society.

Learning Activity

Daily Literacy

Daily Literacy is a learning activity that is designed to build and enhance participants' basic literacy skills. These activities are designed to strengthen literacy skills among parents/caregivers and with their children, particularly those that face multiple barriers and vulnerabilities.

Edmonton Immigrant Services Association

Website

<http://www.eisa-edmonton.org/>

Mandate

Edmonton Immigrant Services Association (EISA) is a not-for-profit charitable organization that assists new immigrants, refugees and first-generation Canadians with their settlement, adaptation and integration needs regardless of their age, gender, religion, nationality or ethnic origin. EISA's vision is that participating newcomers are successfully integrated into Canadian society and are actively engaged in their communities. Community volunteers and staff provide a variety of settlement and integration programs and services that are responsive to clients' needs. Newcomers can access our services from 80 delivery sites in Edmonton and surrounding areas, Grande Prairie and Fort McMurray.

English Language Learning

Courses

English Language Learning Level 2-3

The courses are designed to help newcomers whose first language is other than English gain proficiency in speaking, listening, reading, and writing in English. Level 2 courses will focus on developing competence in basic oral communication, reading, and writing related to daily living and functioning in their new communities.

English Language Learning Level 3-4

Higher level courses 3 to 5 will target learners with adequate competence in oral communication, reading and writing and incorporate components such as grammar and knowledge on various aspects of life in Canada. Improving newcomer's English language skills and increased knowledge will enhance their ability to settle and integrate into their various communities.

English Language Learning Level 4-5

Higher level courses 3 to 5 will target learners with adequate competence in oral communication, reading and writing and incorporate components such as grammar and knowledge on various aspects of life in Canada. Improving newcomer's English language skills and increased knowledge will enhance their ability to settle and integrate into their various communities.

Edmonton Mennonite Centre for Newcomers

Website

<https://emcn.ab.ca/>

Mandate

Edmonton Mennonite Centre for Newcomers (EMCN) is a community agency that seeks to assist immigrants and refugees coming to the Edmonton area to achieve full participation in the community and contribute their experiences and skills to enrich the lives of all Canadians. We envision a future where many citizens walk with newcomers to bridge their transition into community. To achieve this vision, EMCN serves as a key catalyst and leading collaborator in positively shaping the attitudes, behaviors, and practices of organizations and individuals in order to value the diversity that newcomers bring to community. Our work is founded on the core values of social justice, diversity, compassion and responsibility.

English Language Learning

Courses

Community Outreach

The Community Outreach course is targeted at newcomers who need English to function to the best of their ability in their communities and at work. Learners have many different learning goals, so a variety of skills and topics are covered in the classes, but reading, writing, listening, and speaking components are worked into each theme.

Parenting and Literacy

Parenting and Literacy is a program to support the specific foundational learning needs of newcomer women with pre-school age children. This program helps parents understand Canadian culture, rules and regulations, and their role in the education of their children in Canada, parents develop skills and confidence to engage in the community and contribute their voice to supporting their children in their social/emotional and skills-building growth. These objectives are accomplished through

group-based experiential family literacy opportunities (parents and children together), literacy classes for parents and caregivers (without their children present), as well as tailored supports from a social worker both one-to-one and group settings. Referrals to other social and developmental programs and services are provided as warranted.

Seniors English as Another Language

The Seniors EAL is specifically targeted to support the learning needs, goals, and learning pace of immigrant seniors over the age of 55. The focus of the classes is to help build language, knowledge of services, and skills so that seniors can actively participate in the community.

Edmonton Native Healing Centre

Website

<http://e-nhc.org/>

Mandate

The mission of the Edmonton Native Healing Centre (ENHC) is to empower individuals in growing stronger as well as creating vibrant community relationships, all while honoring our culture through Spiritual development centered in the heart of the Creator. Our goal is to journey alongside the urban Aboriginal population; this includes all ages, professionals, low income people, street people, and church and traditional people, to reconnect to their culture and ceremony. We firmly believe that our world belongs to God the Creator and through this window of opportunity; we are able to show and teach that the ceremonies of old can be redeemed in Christ. By presenting Christ as the centre of our culture and ceremonies, new life is breathed into our old ways.

Skills for Learning (Foundational Life Skills)

Course

Collective Kitchen

The Collective Kitchen is aimed at teaching and sharing traditional Indigenous and western cuisine methods in a hands-on environment. Many traditions are typically passed on orally, so the Collective Kitchen will incorporate both verbal and written aspects into the program. Participants will have the chance to learn new cooking skills through recipes, expand on their current skills, and socialize with others in the program in a healthy and productive manner. Foundational life skills such as communication, problem-solving, decision making, and creative thinking will be taught within the kitchen with the goal of this transferring into everyday life.

HIV Network of Edmonton Society

Website

<https://www.hivedmonton.com/>

Mandate

HIV Edmonton is dedicated to making life better for people living with, or affected by HIV and AIDS. They do this by focusing on the elimination of HIV transmission and AIDS-related deaths and working to erase the stigma and discrimination faced by people living with, and affected by HIV and AIDS. HIV Edmonton supports people living with, and affected by HIV and AIDS by: developing educational resources for community organizations, healthcare professionals and the general public; developing and delivering prevention, health promotion and support programs; and providing a voice for people living with, and affected by HIV and AIDS through their work with local, provincial and national organizations on policy development, health strategy and program design.

Skills for Learning (Foundational Life Skills)

Course

HIV Edmonton Collective Kitchen

The HIV Edmonton Collective Kitchen is an impactful program that is available to individuals living with HIV. It provides an opportunity for participants to engage meaningfully with each other and the instructors to learn new foundational life skills. The program allows individuals to make social connections, increase their confidence, and practice their learned skills in a welcoming space.

Newcomer Collective Kitchen

The Newcomer Cooking Circle brings people together through the simple act of cooking and sharing a meal together while addressing the stigma around sexual health and HIV in a cross-cultural context. This social space allows individuals to build connections with each other and gain strength and support. The kitchen buzzes with industry – people cutting onions, stirring sauces, washing dishes, welcoming people and having a good time. The aim is to have an open and judgement-free environment. This

program allows individuals with a capacity-building opportunity through activities that not only encompass financial literacy but also health promotion that enhances leadership and interpersonal skills.

Nutrition and HIV

The HIV and Nutrition course is aligned with the Collective Kitchen activity and offers in-class lessons that are based on a Food Guide developed by CATIE for individuals living with HIV. The course is offered twice a year and focuses on Healthy Living and Eating with HIV. It is taught in 3 parts, these are as follows, The Basics, Your Body and HIV, and Managing Side Effects. Each lesson consists of three sections that include a presentation, guest speaker and activities.

Indo-Canadian Women's Association

Website

<http://icwaedmonton.org/>

Mandate

The Indo Canadian Women's Association (ICWA) was established in 1984 and is a leader in western Canada in advocating for the rights of immigrant women, men and youth. Through settlement assistance, skill building community activities, and adult education they try to ensure that newcomers are assisted to the utmost in their journey of settlement and integration in Canada.

English Language Learning

Courses

English Conversation Class for Seniors

Our English Language Learning program aims to provide basic and free English Language to (newcomers) adults and seniors to improve their Language skills and ensure a smooth transition in Canada.

English as a Second Language

The objectives of this curriculum provide students with the opportunity to grasp the social, and cultural aspects of the English language through the teaching of reading, writing, speaking, and listening. The curriculum is also to help students develop the language skills necessary to be successful members of society.

Basic Digital Skills

Course

Computer Literacy

Our Computer Literacy program aims to provide digital skills to learners who want to improve their knowledge on how to operate and navigate basic computer functions which are essential in today's workforce.

Multicultural Family Resource Society

Website

<https://www.mfrsedmonton.org/>

Mandate

In 2005, the Multicultural Health Brokers Co-Operative (MCHB) co-founded Multicultural Family Resource Society (MFRS) to provide participant driven programming to Newcomer families and youth who face a number of barriers including social isolation, economic poverty, food and housing insecurity, Post Traumatic Stress Disorder and other mental health issues related to war trauma, and cultural and language barriers. MFRS participants often lack the confidence, knowledge and skills to access supports and services to find jobs, navigate schools and the healthcare systems. Currently MFRS works with over 2000 newcomers to provide direct services and programs that address these integration and quality of life issues by reducing the social challenges that newcomers face in a way that is responsive to the culture of the families.

Basic Digital Skills

Courses

Basic Digital and Computer Skills

This program is focused on providing women engaged in parenting programming with the tools needed to understand and navigate the digital world. As the world has shifted to sharing information and knowledge on the internet, including information pertaining to children's education, adult learners with no digital or computer literacy and skills are often left behind. This program will provide learners with tools on how to create and use an email account, how to access information through search engines, and how to monitor and ensure their children's safety by setting controls on internet content they can access.

Community Capacity Building

Courses

Community Sewing Instruction Fundamentals

This program is a capacity building, train-the-trainer program for community members that have interest in teaching and facilitating sewing classes in their home language with their own communities. This course will provide an opportunity for participants to learn fundamental sewing principles and terminology, an introduction to lesson planning, and tips for facilitating classes. Through this program, in addition to building the capacity of learners to offer programs in their own home language, learners will increase their confidence in working with groups and increase their potential for employment.

English Language Learning

Courses

First Steps to Integration: Language, Culture, and Employment Supports for Newcomers and their Workplaces

First steps to Integration is a 14-week part-time program for newcomers who want to learn English language and work skills to enable them to find employment in the hospitality or food industry. Classes are held on-site in a workplace where the employer-partner participates in the training and job shadow. The course includes English specific to the workplace, Essential Skills, Digital Literacy, Workplace Culture, and Job Shadow. In addition, an Employment Broker provides one-on-one support and counselling to assist participants to find successful employment and expand their career path. Ideal for learners at the CLB 3-4 level.

Skills for Learning (Foundational Life Skills)

Courses

English for Community Integration: Parkdale-Cromdale

English for Community Integration classes are geared towards immigrant and refugee women from different ethno-cultural backgrounds who are the primary caregivers of young children. The purpose of this program is to provide participants with an opportunity to improve their English in a safe

and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. This class is open to learners from different communities.

English for Community Integration: Syrian Family Support Office

English for Community Integration classes are geared towards immigrant and refugee women from different ethno-cultural backgrounds, who are the primary caregivers of young children and ethnocultural seniors who often have barriers to accessing traditional adult foundational learning opportunities. The purpose of this program is to provide participants with an opportunity to improve their English in a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. While classes are open to all learners, we anticipate most learners to be Arabic speaking due to its location.

English for Community Integration: Edmonton Intercultural Centre

English for Community Integration classes are geared towards immigrant and refugee women from different ethno-cultural backgrounds, who are the primary caregivers of young children. The purpose of this program is to provide participants with an opportunity to improve their English in a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. This opportunity is open to all learners who are interested, but we anticipate most learners being from the Eritrean and Ethiopian communities due to the timing of the other activities at the Edmonton Intercultural Centre.

English for Community Integration: Millcreek Christian Assembly

These classes are geared towards immigrant and refugee women from different ethno-cultural backgrounds, who are the primary caregivers of young children, and ethnocultural seniors who often have barriers to accessing traditional adult foundational learning opportunities. The purpose of this program is to provide participants with an opportunity to improve their English in a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-

esteem, and facilitating community integration. This opportunity is open to all learners, but we anticipate most being from Eastern European communities due to the timing of other events at this location.

English for Community Integration for Seniors: Duggan Big Brothers Big Sisters Boys and Girls Club

These classes are geared primarily towards immigrant and refugee seniors who often have barriers to accessing traditional adult foundational learning opportunities. The purpose of this program is to provide participants with an opportunity to improve their English and numeracy in a safe and welcoming social environment, while also increasing their social capital, improving their confidence and self-esteem, and facilitating community integration. This opportunity is open to all learners, but we anticipate most being Bhutanese due to the time and location of this course.

Learning Activity

English for Community Integration- Summer Program

This learning activity, English for Community Integration- Summer Program is an extension of the course we run from September to June and consists of 9 field trips/activities for learners that participated in the English for Community Integration program over the 2019/2020 funding period. The purpose of the Summer Program is to provide opportunities for practicing English skills in real-life contexts and to build confidence in learners to engage in continuous learning by accessing other community activities and services.

Norwood Child and Family Resource Centre

Website

<https://www.norwoodcentre.com/>

Mandate

Norwood builds on the strengths of children and families through support and education to optimize child development and connect families to community. They use a holistic approach to meet the emotional, social, health and emerging needs of families in the community. Norwood strongly believes that when they work with children, they do so within a trauma informed and strength-based model and never in isolation of families and communities. Their programs focus on prevention and early intervention in early childhood and family support.

Skills for Learning (Foundational Life Skills)

Courses

Literacy and Parenting Skills (LAPS)

This program will provide learning opportunities that strengthen the foundational life skills for parents with children. Through self-assessment and self-awareness, learners identify and strengthen their skills in the areas of oral communication, personal and interpersonal skills, decision-making, problem-solving, critical thinking, and creative thinking. This program provides opportunities to strengthen parent-child relationships, as learners will receive coaching and modeling of positive parenting practices during sessions that will increase their confidence in their skills in daily life. Program activities support literacy skill development for the learner as an individual and as the primary teacher for their child.

P.A.L.S- Project Adult Literacy Society

Website

<https://palsedmonton.ca/>

Mandate

The mission of P.A.L.S. is changing lives through literacy. The mandate is to provide opportunities for adults who have low literacy – reading, writing, math, and English language skills, so that they can fully participate in the community, make informed decisions, and improve employment. The strategy is that volunteers from the community tutor/mentor the adult learners in small groups, 6 to 8 adult learners and one to one tutoring. The adult learner builds on their current skills to increase capacity and meet goals.

Basic Digital Skills

Courses

Technology for Everyday Use

For adults looking to improve their digital skills and get the most out of their computers, smartphones, or tablets, by learning how to communicate better, access information and resources, and use common apps for education, health, productivity, employment, and more.

This class incorporates all aspects of technology in a multifaceted and personalized approach to instruction, with interactive activities for learners to apply the lessons to their own devices.

Learning Activities

Internet Security Workshop

This workshop is for learners to increase their awareness of online dangers, as well as benefits, so they can better protect themselves online and go forward with confidence. This activity will focus on the ability to navigate the internet and social media safely, in order to:

- Protect one's reputation by determining what personal content is safe/appropriate to share
- Spot bias, prejudice, hate propaganda, and misinformation
- Recognize the signs of phishing and
- Identify cyberstalking and harassment

Taking Care of Your Computer

Adult learners will learn steps to keep their computers in good working condition by learning how to clean up files, get rid of old programs, keep the operating system up to date and protect themselves from malware.

English Language Learning

Tutoring

One-to-One Tutoring

Until now P.A.L.S. was focusing on group lessons, but due to the unique needs/goals of each learner and their learning styles, it was difficult for the tutor to keep working with all the learners at the same level. Thus, we switched to one to one tutoring and it worked. There was more motivation for learners to attend as now they got personalized attention and did not feel frustrated if they could not keep up with the rest of the class or had to slow down. We have volunteers who are willing to work with these learners and focus on their specific learning needs rather than teaching something not relevant or of interest to the learner.

The Literacy for English Language Learners one to one tutoring is directed to the adult learner who wants to improve English Language skills. Adults who are established immigrants, have low literacy skills, are under-employed or have gaps in their English language skills can develop reading, writing, speaking, and listening skills. Participants are mentored one to one with a volunteer tutor to build on the learners' current skills to improve skills to a functional literacy level and meet their goals.

Adult Literacy

Courses

Book and Writing Club

The P.A.L.S. Book Club is a great opportunity for adult learners to improve their reading and comprehension skills and develop new vocabulary. Learners can practice their oral reading and writing in a fun and interactive group. The novels are at a grade five to seven level and written for adults. Genres include crime, fantasy, romance and real-life adventures. There is freewriting, chapter summaries and character analysis with lots of open discussion and laughter and making of new friends.

SingAlong

Learners who attend Singalong will have an opportunity to read and sing the lyrics to many songs. Singing and reading lyrics is an easy way to improve their reading and speaking skills. There will be a music book consisting of Canadian folk songs, popular songs and songs that can be sung with their children at home. Singing helps with pronunciation. Chunking is an important part of reading and also in learning to speak another language. Music is naturally chunked into phrases and really helps learners to apply this skill to their reading and speaking.

Numeracy

Courses

Math in Science

The Math in Science program is designed for learners whose goal is to join the trades and are currently working on their Math and Literacy/language skills. This program helps them learn the vocabulary, the math and the basic science concepts they need in order to prepare for the technical instruction required in any trade. The premise is to broaden the learners' exposure to science for the trades.

Learning Activity

Math Test Preparation Workshop

The Math Test Preparation workshop is designed for learners who are preparing to write an apprenticeship entrance exam or an entrance exam to another educational institution or for upgrading. This six-hour workshop will teach skills such as dealing with test anxiety, managing time effectively, reviewing all questions before responding, solving easy questions first, checking and reviewing answers, underlying keywords or concepts in questions, eliminating wrong options, and others. The workshop includes a practice exam to apply what they've learned and a review session for immediate feedback.

Tutoring

One-to-One Tutoring: Math Literacy

The Literacy and Foundational Program offers one to one tutoring for participants who want to improve literacy skills. Participants are matched with a volunteer tutor for 2 hours a week. The participant is mentored in literacy skills building on the skills they come to the match with, and the topics are developed to meet the learner's goals. In Math Literacy One to One Tutoring opportunities, participants focus on improving basic math skills for daily living, for work or to enter another educational opportunity.

Russian Language and Culture Education Society of Alberta

Website

<https://www.erudit.ca/>

Mandate

The Russian Language and Culture Education Society of Alberta's mission is to provide a high quality EAL education, which prepares students to learn, to work, and to live fully; to help newcomers acquire English as fast as possible and to adapt themselves to a new culture. Their purpose is to assist students in reaching their educational, vocational, linguistic, and personal goals. They aim to preserve Russian Heritage (language, traditions, culture, customs) among Russian speaking Canadians and newcomers; provide help with daily life issues and settlement services; help with better understanding of Canadian multiculturalism (for example: multicultural women's group to share recipes, crafts, stories, topic discussions, guest speakers, interest groups, etc.); and give all newcomers equal opportunities to fully use their potentials (sport activities, cultural festivals, etc.).

English Language Learning

Courses

English as Another Language (EAL) for Adults

This intensive EAL course focuses on workplace and higher levels of education readiness of students. We address students' needs and goals by integrating their life experiences and essential skills necessary for everyday living. During the course, students will focus on speaking, listening, reading, and writing to improve their self-confidence and ability to communicate outside of the classroom. In addition, this course includes an online component to offer extra practice for students in their free time. This course is for level 3-4 English learners.

Somali Canadian Women and Children Association

Website

<https://somalicanadianwomen.ca/>

Mandate

Somali Canadian Women and Children Association (SCWCA) is non-profit organization that recognizes responses to and focuses on the unique concerns and needs of immigrant and refugee women, girls and their families. SCWCA's uniqueness is based on having a narrow gender related mandate, which has provided best practices in developing customized female focused initiatives. These initiatives always include children and youth wellbeing as important outcomes of our engagement. SCWCA has made the transition to Canada more comfortable, pleasant and successful for many immigrant women, children and youth.

English Language Learning

Courses

Employment Enhancement for New Immigrant Women: ELL Course

Employment Enhancement for New Immigrant Women is a program that focuses on increasing the English language skills, developing skills in the areas of assertiveness, self-efficacy, career planning, information retrieval, community economic development, job searches and job maintenance.

This program is for immigrant women, particularly those who feel isolated in their homes and are frustrated by the obstacles that hinder them from participating more actively in their new society. This program is for immigrant women who are seeking changes in their working lives but do not have the knowledge, information, nor confidence to carry them out.

The program is intended to enhance the knowledge of immigrant women and help them gain new skillsets.

Employment Enhancement for New Immigrant Women: Basic Computer Skills

The basic computer skills course allows immigrants and newcomers the opportunity to impart a basic level of appreciation. The course is aimed to introduce and improve skills in Microsoft Word, Excel and PowerPoint for on the job purposes. The students learn basic terminology, how to use USB key, discover how to surf the Web safely, create email account and learn to attach documents to emails. This allows being a part of a bigger community by making them digitally literate. This is a beginner course in which it is going to provide opportunities for our English Language students to practice their reading and writing in English.

Terra Centre for Teen Parents

Website

<https://terracentre.ca>

Mandate

Terra Centre is a non-profit organization helping pregnant and parenting teens to develop the self reliance and skills to be successful parents and contributing family members. The work of the agency personnel is dedicated to meeting Terra's mission and vision. Their mission is to empower teen parents to succeed and their vision is to help teen parent families thrive and enrich our community.

Capacity Building

Learning Activities

Literacy for Living Learning Activities

Terra Family Literacy Facilitators offer a variety of learning opportunities to support continuity between agency programs, home and community. Community Capacity Building activities extend the reach and impact of adult literacy outcomes for young parents across the organization. Staff providing direct service to families participate in literacy learning opportunities to gain a deeper understanding of the value and benefits of literacy, learn strategies to support parent and child literacy in the home, early learning environments and various group learning environments. Terra parents have the opportunity to engage in learning activities where they are introduced to the enjoyment and satisfaction that literacy learning can bring to family life.

Literacy for Living Courses

Young parents learn about their part in role modelling the value and benefits of literacy learning for the whole family, practical strategies for creating literacy-rich environments in the home, discover how to use daily activities to strengthen the emergent literacy skills of children and build

literacy skills and strategies to support everyday living. The program includes a group time for parents and their children to share familiar songs and games, learn new rhymes, fingerplays and songs, share ideas about selecting books and read together establishing an intergenerational cycle of literacy achievement. A light meal and childcare are provided.

The Candora Society

Website

<http://www.candora.ca/index.html>

Mandate

Candora, founded in 1988, provides community-based and directed programs to respond to the identified needs of residents living in the area. Their mandate is to work with the residents of northeast Edmonton to help create a positive environment for individuals and families to live and grow and to collectively address issues of concern in their communities using a community development lens. The Candora Society recognizes and provides opportunities for progressive learning about issues that impact their community members' lives. Their motto is "People helping people make a difference".

English Language Learning

Courses

English Language Learning Basic 1, Basic 2, Intermediate

Our English Language Learning (ELL) Program offers continuous entry, classroom-focused programs from September to June. Our weekly, community-based English Language Learning classes are adult centered and designed to meet the communication and content needs of learners ranging from CLB pre-benchmark to CLB5, our highest level.

The sessions offer opportunities for students to, improve their basic English language proficiency in speaking, reading, writing, and listening. The program also helps to reduce isolation, build relationships with others, as well as to increase self-esteem and the ability to self-advocate.

English Language Learning Evening (CLB 4-5)

Our English Language Learning (ELL) Program offers continuous entry, classroom focused programs from September to June. Our weekly, community-based English Language Learning classes are adult centered and designed to meet the communication and content needs of learners ranging from CLB pre-benchmark to CLB5, our

highest level.

The sessions offer opportunities for students to, improve their basic English language proficiency in speaking, reading, writing, and listening. The program also helps to reduce isolation, build relationships with others, as well as to increase self-esteem and the ability to self-advocate.

The Learning Centre Literacy Association

Website

<https://www.tlcla.org/>

Mandate

Mission: The Learning Centre Literacy Association engages people in community-based learning and literacy development that further enables them to make positive changes for themselves and their communities.

Vision Statement: The Learning Centre Literacy Association: A vibrant, diverse community confidently exploring and using literacy. The Association, in keeping with its Mission and Vision Statements, offers various on-site and outreach literacy/numeracy adult learning opportunities, as well as one to one volunteer tutoring to encourage involvement of Edmonton's marginalized or underprivileged citizens. On-site programs are offered on a continuous in-take basis from September to June. Current outreach locations include the Alberta Hospital, Buffalo Sage Wellness House, The Neighbour Centre, Edmonton Indigenous Seniors Centre and the Bissell Centre. Francophone Literacy programs are also available on the south side at the l'Alliance Jeunesse-Famille de l'Alberta Society (AJFAS) location.

Adult Literacy

Courses

Creative Writing

A collaborative group-based class focused on improving reading and writing skills, expanding vocabulary, developing creative thinking, increasing the ability to analyze text and exploring self-expression through a variety of instructor-led creative writing literacy activities. All learning resources are carefully selected by both the Instructor and adults to ensure maximum interest and relevance. Classes are often instructed by leading-edge authors and poets in the Edmonton community who have a deep desire to share their passions with marginalized adult citizens.

Oftentimes the classroom instructional environment builds on the students' prior knowledge and experiences and is oriented towards their personal creative writing goals.

Reading and Writing for Academic Goals (English and Francophone)

The Reading and Writing for Academic Goals course supports marginalized adults to improve upon and practice a range of reading, writing and critical thinking skills that are necessary for future academic upgrading or post-secondary goals. Adult students will also develop their vocabularies, gain confidence in learning about new topics and acquire organizational skills. Other additional essential skills to be developed include group skills, self-understanding and awareness, research skills, work habits as well as the ability and confidence to speak out in various contexts. The course will be offered in both French and English.

Reading and Writing for Life Goals (English and Francophone)

The Reading and Writing for Life Goals course supports marginalized adults to improve upon and practice a range of reading, writing and critical thinking skills that are necessary for daily living and social interactions. Instructor-led, with in-class volunteer support, this course will focus on increasing vocabulary, reading with ease, reading comprehension and spelling development. The course builds upon and helps improve previously learned reading and writing strategies. Practical and everyday living resources will comprise the content for classroom instruction and be based on individual learning goals for daily living. The course will be offered in both French and English.

Reading and Writing for Employment Goals (English and Francophone)

The Reading and Writing: for Employment Goals is a classroom-based course provided by an instructor and volunteers that will help adult students to concentrate on strengthening and developing the employment skills required for advancing in current workplace positions or obtaining entry-level careers. Topics may include learning about specific job-related skills, labour force vocabulary, workplace culture, reading and writing strategies, and basic computer skills. Further emphasis is placed on the introduction and usage of Essential Skills. Literacy skills are essential for

getting into and staying in today's workforce. The course will be offered in both French and English.

Tutoring

Integrated One-to-One Tutoring: adult literacy

Volunteer tutors meet adult learners for weekly, 2-hour tutoring sessions. Each volunteer tutor and adult learner pair will work one-on-one, at their own pace, on identified literacy goals for employment, academics or life.

Integrated One-to-One Tutoring: adult numeracy

Volunteer tutors meet adult learners for weekly, 2-hour tutoring sessions. Each volunteer tutor and adult learner pair will work one-on-one, at their own pace, on identified numeracy goals in the categories of employment, life or academics.

Basic Digital Skills

Courses

Digital Skills: Basic

Basic Digital Skills course is designed to provide opportunities for marginalized adults with little or to no computer experience to develop confidence in computer skills that are necessary for many daily activities or to seek out job opportunities, or deepen their community connections in the city. Participants in the course will have access to computers and the internet that will allow them to practice their skills at home and in the community. The course also includes learning about such topics as how computers work, keyboarding skills, basic programs and internet security measures. The course will be offered in both French and English.

Advanced Basic Digital Skills

The Advanced Basic Skills course is designed to help adults further develop their basic computer skills by using technology to find, evaluate, organize, create, and communicate information needed to succeed in further education opportunities, the workforce or their communities.

Participants will use technology, including the Internet, to produce and publish writing and to interact and collaborate with others. As well, students will learn how to use technology in reading and writing assignments, how to use multimedia, and how to use mobile devices to

improve writing skills by communication via e-mail or through texting. The course will be offered in both French and English.

Tutoring

One on One Tutoring: basic digital skills

Volunteer tutors are available to meet for weekly, 2-hour tutoring sessions. Each volunteer tutor and adult learner pair will work one-on-one, at their own pace, on identified basic digital skills.

Community Capacity Building

Courses

CPR C & AED: The Basics

Marginalized adult students will learn about airway, breathing and circulatory emergencies experienced by adults, children and babies in a practical skills-based course. Both instructional strategies and learning activities will help build confidence when delivering CPR or responding to a choking situation. AED certification will also be offered within the course which will include a four hour in-class introduction to CPR C & AED with a particular initial focus on vocabulary development. Upon successful completion of the course adult students will receive a three-year certificate.

Numeracy

Math/Numeracy for Academic Goals

Math and Numeracy for Academic Goals is a flexible instructor-led course that focuses on the study of number systems, rational numbers, algebraic expressions and equations, problem-solving, exponent laws, geometry, pre-GED topics, and measurement. This course is for adult learners thinking about working towards transitioning into post-secondary or an upgrading program in the future. The course fosters the development of collaborative skills as adult students learn to work with others in group activities. Basic computer skills and use are typically interwoven into the classes and learning opportunities are made available for those students needing additional instruction. The course will be offered in both French and English.

Math/Numeracy for Life Goals

The Math/Numeracy for Life Goals is a course focusing on helping adults access, use and interpret and communicate mathematical information and ideas to better manage the mathematical demands of daily life. The Life Goals math/numeracy course is offered in a self-paced, small-class format to help develop basic math concepts, vocabulary, problem-solving strategies etc. Lessons often utilize practical daily examples encountered by adults. Digital skills are incorporated into the course as technological advances require that adults become comfortable with technology to accomplish daily numeracy tasks. The course will be offered in both French and English.

Math/Numeracy for Employment Goals

The Math/Numeracy for Employment Goals course focuses on the study of number systems, algebraic expressions and equations, problem-solving, geometry, measurement and pre-GED. The course is employment-oriented designed to review basic computational and problem-solving skills to advance at current employment positions or to explore better job opportunities. Topics may include whole numbers, fractions, decimals, proportion, percent, powers, roots, graphs, formulas, measurement, and geometry. Additional emphasis will be placed on job-specific numeracy requirements related to current employment or prospective job opportunities. Technology will also be incorporated into the program. The course will be offered in both French and English.

Tutoring

Integrated One on One Tutoring: adult numeracy

Volunteer tutors meet adult learners for weekly, 2-hour tutoring sessions. Each volunteer tutor and adult learner pair will work one-on-one, at their own pace, on identified numeracy goals in the categories of employment, life or academics.

The Red Road Healing Society

Website

www.redroadjourney.ca

Mandate

The Red Road Healing Society's vision is to walk with all our relatives on the Red Road of life by remembering, renewing and restoring our traditional roles and values that bring life so as to continually move forward, 'in a healthy way' as Indigenous People. They do this through providing professional social, education, health and legal services through an existing cultural, grassroots, community-based agency that provides a spectrum of holistic services for children, youth, adults and families in the City of Edmonton. Their Mandate is Indigenous Early Intervention and Prevention that we have done for 21+ years; and Accredited in for 14 years.

Skills for Learning (Foundational Life Skills)

Learning Activity

Longhouse Family Night in Partnership

This Longhouse project is to build upon an existing program that has been growing and evolving over 20 years. Creative partnerships continue to come on board as we share this evening with more people. Longhouse is a 2 hour Indigenous evening program beginning with rhyming song, prayer, supper, feeling round; then either any of the following categories; (or a combination thereof): values, stories, seminars, Triple P Parenting, ALAPS, crafts, drumming, dancing, vision boards, games, films, speakers, play, parties, walks, basic life skills, writing groups, sharing circles, instructional learning and meditation. The program runs for 26 weeks with special events interspersed with seasonal celebrations; culminating in a pow-wow June 21 to celebrate participants, families, helpers and partners. Current partners for this project are Brightview School, E4C, SAGE, Native Counselling Services, The Learning Center, THE ORANGE HUB (TOH), and Yellowhead Tribal College (YTC).

Reading to Learn

The course is integrated into Longhouse Family Night and includes three activities: Reading to Learn and Learning to Read - Adult Literacy Sharing Stories, Memorial Pow Wow- Ceremony Indigenous Stories, and Memorial Round Dance- Ceremony Indigenous Stories. It is for Adults who believe in lifelong learning. A Metis Adult Literacy Facilitator teaches the course and plenty of Indigenous learning is provided. Indigenous Elders are also on hand.

At our Longhouse Family Night, we combine a number of activities together such as exercise, rhyming, prayer, supper, seminars, crafts, games, Triple P parenting, Positive Indigenous Parenting, dancing, drumming, sports, regalia making, sewing, and so forth. This is one of the most popular programs that we have been running in different capacities for over 20 years. It is a way for our families to relax, have some supper together, learn something, create something, share with others. It becomes their evening and they let us know what they want to do next, and they can connect to other services in the community, and at TOH.

United Cultures of Canada Association

Website

<http://www.ucca.ca/wordpress/>

Mandate

United Cultures of Canada's (UCCA) mandate is to create situations of inclusion for immigrants and refugees leading to their successful integration and effective participation in the Canadian society. They work to build community capacity and promote civic participation amongst newcomers. To achieve this, UCCA offer public education and training programs, interpretation and other direct services, and develop resources for community education in areas of victim support, laws, human rights, health, diversity and inclusion.

Basic Digital Skills

Courses

Adult Digital Literacy (Separate Men's & Women's classes)

The Adult Digital Literacy program of United Cultures of Canada Association offers learners the opportunity to learn basic skills to operate a computer. Participants learn about parts of a computer, computer-related terminology, Windows environment and practice popular software applications including Microsoft Word, Excel, PowerPoint, Internet and Outlook. They are introduced to recreational and social media such as YouTube, Facebook, Instagram and Netflix. They also learn about WhatsApp and other cell phone applications. All learners get individualised support from course facilitators and volunteers who ensure that learning proceeds in a safe and welcoming environment.

English Language Learning

Courses

English as Another Language

The objective of UCCA's English as Another Language course is to help learners gain proficiency in speaking, listening, reading, and writing in English through a variety of conventional and innovative teaching strategies. Participants will learn through realistic conversations and use of quizzes, games, exercises, puzzles, and vocabulary cards. They are supported to practice the foundational skills they have learnt in the class in their everyday lives by field trips grocery stores, malls, doctor's office, public library and other such activities.

English for Life Skills through Blended Delivery Model

This program is offered through innovative blended delivery of traditional in-class learning and online interactive learning to help learners steadily move forward overcoming multiple barriers such as transportation, financial, physical and mental ill-health, caregiving obligations and other personal and family challenges. Offered at two levels, strengthening the application of language knowledge (i.e. competence) and skills (i.e. ability), it is aimed at enhancing learner's daily life experiences in unique ways and increasing their confidence in communicating in both real and virtual worlds. On the one hand, it will bridge the gap between their knowledge of LSRW (CLB 4-5) and the skills to use them in real-life situations through quizzes, games, presentations, vocabulary cards, conversation circles, field visits, and role-play scenarios; on the other, it will give learners superior skills to keep pace with rapid digitization of communication in our times.

ELP (English Language Proficiency – IELTS) Preparation Course

Based on a holistic and learner-centred approach, this program prepares newcomers to score well in IELTS exam for the purpose of study, work, immigration, citizenship, and professional licensure. Through an adept use of conventional teaching methodologies such as classroom lectures, assignments and quizzes and innovative approaches such as web-mediated interactive learning techniques and online classrooms, our instructor motivates learners to acquire skills and confidence required to

pursue further learning, acquire Canadian citizenship or to start a professional career.