

Collective Kitchens – COVID-19

New Guidelines for Collective Kitchens Re-Opening

Physical Distancing

- Physical distancing means maintaining 2 metres distance between attendees as much as possible. Consider the following controls to encourage physical distancing between attendees:
 - Reducing the number of attendees at one time (limit 4 to 5).
 - Remove all communal items that cannot be easily cleaned (i.e. newspapers, magazines).
 - Making sure tables/chairs/work spaces are 2 metres apart (Mark floors with tape to indicate the 2 metre distance for visual reference).
- Develop strategies to minimize the handling of objects between multiple attendees and ensure frequent cleaning and disinfecting of these objects.

Cleaning and Disinfecting

- Cleaning refers to the removal of visible soil. Cleaning does not kill germs but is highly effective at removing them from a surface.
- Disinfecting refers to using a chemical to kill germs on a surface. Disinfecting is only effective after surfaces have been cleaned.
 - Use a “wipe-twice” method to clean and disinfect. Wipe surfaces with a cleaning agent to clean off soil and wipe again with a disinfectant.
- Regular household cleaning and disinfecting products are effective against COVID-19 when used according to the directions on the label.
 - Preferably, use a product labeled as a disinfectant
 - Alternatively, use a bleach-water solution with 20 ml (4 teaspoons) of unscented, household bleach to 1000 ml (4 cups) water. Ensure the surface remains wet with the bleach water solution for 1 minute.
- Frequently clean and disinfect high-touch/shared surfaces such as:
 - Doorknobs, light switches, faucets and taps, surface counters, appliances, utensils, anything that will be used for the current kitchen.
- Limit hours of operations to enable for frequent cleaning.

Hand Hygiene and Respiratory Etiquette

- Enabling and instructing attendees to wash their hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer (greater than 60% alcohol content).
- Hand washing with soap and water is required if the attendee has visibly dirty hands.
- Operators should make every effort to encourage respiratory etiquette (e.g., coughing or sneezing into a bent elbow, promptly disposing of used tissues in a lined garbage bin) is followed.

Personal protective equipment (PPE)

- PPE is necessary when physical distancing of 2 metres or physical barriers cannot be maintained by administrative and engineering controls.
- All participants must wear gloves, masks, hair nets, and bib aprons.
- PPE worn, is considered single use (if indicated in manufacturer’s instruction) and should be discarded in a lined garbage bag in between clients.