## sh!ft

## The continuum of programmatic and non-programmatic approaches

Programmatic and non-programmatic approaches are not separate entities; they exist along a continuum.

## **Key Characteristics of Programmatic Approaches Key Characteristics of Non-Programmatic Approaches** Structured (e.g., Start and end dates, inclusion criteria, etc.) Unstructured, opportunistic Predetermined "How" The "How" evolves and is co-developed Less predictable/controlled More predictable/controlled Agent of Change = the Service Provider Agents of Change = Community members Expert-based, Agency holds the power Relationship-based, Power is shared Doing 'to'/acting upon Doing 'with' / Co-learning / Co-creating Focused on individual changes Focused on changes in communities/systems Replicable Context-sensitive Potential for unmanaged, natural scaling Scaling is managed Programmatic Approaches Non-Programmatic Approaches Community Movements Participatory Action Psycho-educational Mentoring Programs Training Therapy (e.g., #MeToo) Development Research (PAR) programming **Examples**

Recommended citation: Engaging Men Learning Collaborative. (2018, V1). The continuum of programmatic and non-programmatic approaches. Calgary, AB: University of Calgary: Shift: The Project to End Domestic Violence

## Questions to Guide a Non-Programmatic Approach

- Is the approach pre-determined or is it evolving?
- Are stakeholders engaged in co-developing the "how"?
- Who are the agents of change?
- Are we acting with or acting upon?
- Who calls the shots? Who holds the power? How are decisions made?
- Is our approach relationship-based?
- Are we able to be opportunistic?
- Are we building the capacity of community members to lead change?